BEYOND BLINDNESS

Spring Activity Calendar 2024 Term 4 2024

Main Office Address: 516 Lower North East Road Campbelltown SA 5074

Postal Address: PO BOX 2030 GLYNDE PLAZA LPO Shop 2 / 471 - 473 Payneham Road FELIXSTOW SA 5070

Telephone: 8367 6088

Email: info@beyondblindness.org.au

Website: beyondblindness.org.au

TABLE OF CONTENTS

Front cover: Page 1

Table of Contents: Page 2

Office Locations: Page 2

Term 4 2024 Activities Calendar:

■ Central/East Activities: Page 3 – 5

■ Northern Outreach: Page 6 – 7

Gawler Low Vision Group: Page 8

Country Music: Page 8

South Activities: Page 9

Victor Harbor/Goolwa Groups: 10

Travel Club: Page 10

Overnight Trips: Page 10

West Activities: Page 11

Adelaide Hills Activities: Page 11

Whyalla Activities: Page 11

Important Information About Activities: Page 12

Extreme Weather Policy: Page 12

Office Locations:

Central/East Office & Social Centre:

516 Lower North East Rd

Campbelltown SA 5074

Phone: 8367 6088

Northern Office:

Unit 1 / 12 Adelaide Rd

Gawler South SA 5118

Phone: 8166 3330

Southern Office:
Unit 2 / 4 Clement Tec

Christies Beach SA 5165

Phone: 8556 6228

Beyond Blindness TERM 4 2024 Activities Calendar

CENTRAL/EAST ACTIVITIES: TERM 4, 2024

CONTACT: MARIAN: MEMBER ENGAGEMENT OFFICER

(CENTRAL/EAST): PHONE: 8367 6088

All members outside of the Central/East are welcome to attend if

they can meet at a pickup point enroute to location.

Monday: Gentle Walk & Lunch: 10am - 2:30pm

Monday 14th October 2024

Monday 21st October 2024

Monday 28th October 2024

Monday 4th November 2024

Monday 11th November 2024

Monday 18th November 2024

Monday 25th November 2024

Monday 2nd December 2024

Monday 9th December 2024

Venues: Semaphore, Mawson Lakes, Linear Park, Thorndon

Park, River Torrens

<u>Tuesday:</u>

Activity 1: Exercise/Active Day: 10.30am-2.30pm

Come and Try Carpet Bowls at Byards Road Community & Lunch

@ Victoria Hotel O'Halloran Hill

Tuesday 22nd October 2024

Activity 2: Golf & Lunch, 10am - 2pm

Venue: Valley View Golf Course

Tuesday 29th October 2024,

Tuesday 12th November 2024, 26th November 2024

Tuesday 10th December 2024,

Tuesday 28th January 2025

Wednesday:

Activity 1: Craft & Chat, 10am - 1pm

Wednesday 16th October, 23rd October, 30th October 2024

Wednesday 6th November, 13th November, 20th November, 27th November 2024

Wednesday 4th December, 11th December 2024

Wednesday 29th January 2025

Venue: Campbelltown Social Centre

Activity 2: Bingo, 1pm - 2pm

Wednesday 23rd October 2024

Wednesday 6th November, 20th November 2024

Wednesday 4th December 2024

Wednesday 29th January 2025

Venue: Campbelltown Social Centre

Activity 3: Wednesday Walks (7km walk)

10am - 4pm, Various Locations

Wednesday 23rd October, 30th October 2024

Wednesday 6th November, 13th November, 20th November, 27th November 2024

Wednesday 4th December, 11th December 2024

Wednesday 29th January 2025

*Please note Wednesday Walks during week of Trips Thursday:

10-pin bowling at Woodville & Lunch at Tavern 540

10:30am - 2:30pm

Thursday 17th October 2024,

Thursday 7th November 2024

Thursday 5th December 2024

Seniors Coffee & Chat, Campbeltown Social Centre,

10:30am - 12:30/1pm

Thursday, 24 October 2024, Thursday 21November 2024

Day Trip: Nan Hai Pu Tuo Temple & Lunch: Aldinga Hotel

10.30am - 2pm, Thursday 31st October 2024

Tandem Bike at Felixstow Reserve & Lunch @ Cafe Brunelli

Glynde, 10am - 2pm

Thursday 14th November 2024

Picnic at Thorndon Park, 10:30am – 12:30pm

Thursday 28th November 2024

Enjoy the sunshine, gentle breeze, scent of flowers, and the sound of birds chirping with friends. Enjoy light refreshments of subway sandwiches, cake and biscuits.

Friday:

Activity 1: Free Readers Book Club, Campbelltown Library, 10am – 12pm

Friday 1st November 2024 & Friday 6th December 2024

Venue: Campbelltown Library

172 Montacute Road, Rostrevor SA 5073

Activity 2: SWISH (Inclusive Table Tennis for the Vision Impaired)

Friday 25th October 2024 & Friday 29th November 2024

Venue: Lefevre Community Stadium 541 Victoria Road, Osborne

NORTH ACTIVITIES: TERM 4, 2024

CONTACT: JEN: MEMBER ENGAGEMENT OFFICER (NORTH):

PHONE: 8166 3330 or 0403 451 817

OCTOBER 2024

Gentle Walk at Mawson Lakes then Lunch at The Boat Deck Café, 10:30am

Monday 14th October 2024

Gentle Chair exercise with Steve & lunch Gawler South Bakery Friday 18th October 2024, 10:30am

Lunch at the Willaston Hotel, 10:30am

Monday 21st October 2024

Exercise/Active Day: Come & Try Carpet Bowls at Byards Road Community & Lunch @ Victoria Hotel O'Halloran Hill, 10:30am – 2.30pm

Tuesday 22nd October 2024

Coffee and Chat Morning tea, Gawler Office, 10am Monday 28th October 2024

NOVEMBER 2024

Armchair Travel. Let's take a trip from comfort of our chairs, 10am Friday 1st November 2024

Lunch at the '50s Café in Tanunda, 10.30am Monday 4th November

Quiz and Crossword @ Gawler Office & lunch @ Gawler South Bakery, 10am
Friday 8th November 2024, 10am

Textural Painting with Rachael a local Gawler Artist, 10am Monday 11th November at \$15.00 per person

Crafting & Creating workshop, Bunnings Evanston Park, 10am Friday 15th November 2024

Lunch at the Angle Tavern, Angle Vale, 10:30am Monday 18th November 2024

Gentle Walk along Dead Mans Pass & Lunch venue TBC,10am Friday 22nd November, 10am

Silver Rock Choir at the Grenville Hub, Elizabeth Monday 25th November 2024 Time and cost to be advised

Friday 29th November 2024, 10.30am Gentle Chair Exercise with Steve & Lunch at the Gawler South Bakery

DECEMBER 2024

Quiz at the Gawler Office. Lunch venue (TBC) Monday 2nd December, 10:30am

Visit to Kenton Valley Cherry Farm (TBC) Monday 9th December, 10am

North Shared Christmas Lunch & Break up, 10:30am Monday 16th December 2024

BYO plate to share for lunch and Kris Kringle Gift. Please call Jen for more information.

JANUARY 2025

Friday 31st January 2025, 10:30am Bingo at Gawler Office. Lunch venue TBC

Merry Christmas to you all from the Northern Group of Beyond Blindness. May you all have a blessed and safe one and we look forward to seeing you in 2025.

COUNTRY MUSIC: TERM 4, 2024

CONTACT: JOAN SNOWBALL

PHONE: 0420 794 102

Sunday 20th October 2024 Sunday 17th November 2024 Sunday 15th December 2024 Sunday 19th January 2025

Country Music: 9am for bus pickups, activity starts at 11am Location: Playford Country Music Club, Elizabeth Downs

Open to all members, depending on pick-up location and transport resources available.

BEYOND BLINDNESS GAWLER LOW VISION GROUP: TERM 4, 2024

CONTACT: JOAN SNOWBALL

PHONE:0420 794 102

Meet at Elderly Centre, 10am

Friday 11th October 2024: Gawler Meeting at Elderly Centre

Friday 25th October 2024: Vili's Café

Friday 8th November 2024: Mystery Tour

Friday 22nd November 2024: Gawler Meeting at Elderly Centre

Friday 6th December 2024: Christmas Breakup

Friday 31st January 2025: Gawler Meeting at Elderly Centre

SOUTH ACTIVITIES: TERM 4 2024

CONTACT: JEREMY

MEMBER ENGAGEMENT OFFICER (SOUTH):

PHONE: 8556 6228

These dates and details are subject to change. Please contact Jeremy at the Southern Office to confirm activities and venues.

Southern Social Group, 10:30 - 12:30

Tuesday 1st October 2024 (Southern office)

Tuesday 5th November: Christmas Memories (Southern office)

Craft Group, 10:30-12:30

Tuesday 8th October 2024

Tuesday 12th November 2024

Bus Trips, 10:00 onwards

Tuesday 15th October 2024: Virginia Nursery Bus Trip

Tuesday 19th November 2024: Goolwa Bus Trip (Combined with

Victor Harbor Members)

Marion Conversation Corner, 1:30-2:30

Finnis Street Café, Marion

Monday 28th October 2024

Monday 25th November 2024

Blackwood Coffee Group, 10:30-12pm

Wednesday 9th October 2024

Wednesday 13th November 2024

Advanced Walking Group, 10:00 onwards

For those who can walk 10km. Various Locations.

Tuesday 29th October 2024

Tuesday 26th November 2024

Exercise/Active Day: 10:30am-2:30pm

Come and Try Carpet Bowls at Byards Road Community & Lunch

@ Victoria Hotel O'Halloran Hill, Tuesday 22nd October 2024

VICTOR HARBOR & GOOLWA GROUPS: TERM 4 2024 CONTACT: JEREMY MEMBER ENGAGEMENT OFFICER (SOUTH), PHONE: 8556 6228

<u>Talking Books at Victor Harbor Library</u>, 10:30am – 12pm Monday 14th October 2024, Monday 11th November 2024

<u>Goolwa Men's Group, 10am – 11:30am</u> Every Tuesday: Goolwa Café, Goolwa Shopping Centre

TRAVEL CLUB: TERM 4 2024

CONTACT: WENDY CARTER: 0408 082 524

or BEYOND BLINDNESS: 8367 6088

Saturday 12th October 2024: Victor Harbor Horse Drawn

Tramway and Granite Island. Lunch locally

Saturday 9th November 2024: Sevenhill Cellars. Lunch locally

Saturday 14th December 2024: Kenton Valley Cherries. Lunch at

Lobethal Hotel

Saturday 8th February 2025: Mt Barker Cinema and lunch

OVERNIGHT TRIPS

CONTACT: WENDY CARTER (OVERNIGHT TRIPS COMMITTEE):

PHONE:0488 104 354 OR EMAIL: trips@beyondblindness.org.au

Mount Gambier: 24th March – 28th March 2025

Register your interest by contacting Wendy Carter on 0488 104 354 or trips@beyondblindness.org.au by 15th

November 2024.

NOTE: We have changed the process slightly. From now on we will have a cut-off date for registering your interest. After that date the invoices will be issued with a week to pay the non-refundable deposit. The remaining payment will need to be made 3 weeks before the trip.

WEST, REGIONAL, YOUNG ADULTS GROUP ACTIVITIES: TERM 4, 2024

CONTACT: FRANK: MEMBER ENGAGEMENT OFFICER

PHONE: 8367 6088 or 0488 114 626

Fridays:

Western Social Group: Every Third Friday of the month Friday 18th October 2024: Lunch at Birkenhead Tavern. Friday 15th November: Walk then lunch at Henley hotel.

Saturdays:

Western Social Group: First Saturday of the month. Saturday 2nd November 2024: Lunch at Tavern 540

Sundays:

Young Adults Group: Second Sunday of the month. Sunday 13th October 2024: Day Trip to Virginia Nursery Sunday 10th November 2024: Lunch at Seaton Hotel

ADELAIDE HILLS ACTIVITIES: TERM 4, 2024

Thursday 24th October 2024: Trip to Langhorn Creek Thursday 28th November 2024: Trip to Hahndorf

WHYALLA ACTIVITIES: TERM 4, 2024

Tuesday 8th October 2024: Coffee & Chat Thursday 7th November 2024: Christmas Lunch, Venue TBC

IMPORTANT INFORMATION

- All members are welcome to attend any activity, in any location in Adelaide, subject to transport and resources available
- All activities are subject to change and a minimum number of sign up
- Some activities may have fees involved
- Transport may be provided for members living within predetermined radius. For members who are living outside of the radius, alternative central pick-up locations can be arranged, subject to availability
- Regular activities may take a break during the school holiday period – please refer to the activity calendar for details
- Contact the appropriate regional Member Engagement Officer for any clarification about activities
- Refer to 'Extreme Weather Policy' on next page regarding the weather and how it may affect activities

EXTREME WEATHER POLICY UPDATED: 29th June 2023

32 degrees and over:

No working guide dogs outside

38 degrees and over:

- Small jobs and members home visits to be cancelled and rescheduled
- All outdoor activities, Travel Clubs and regional trips will be cancelled except for metropolitan activities. E.g. craft & bingo using air-conditioned vehicles to and from

40 degrees and over:

- All Beyond Blindness member services cancelled
- Staff will still be in office on these days

Please Note:

- Activities are subject to change depending on extreme weather conditions (e.g. heat, severe storm warning, or flood alert, etc)
- The health and safety of staff, volunteers and members is always essential, but particularly during extreme weather