Beyond Blindness Activities Calendar TERM 3: JULY, AUGUST, SEPTEMBER, OCTOBER 2024

Note: During school holidays some activities may be paused. Please take note of this activity schedule and contact your region's Member Engagement Officer for any queries or call the office: <u>8367 6088</u> School holidays are: **Saturday 6th July** <u>until</u> **Sunday 21st July 2024** & **Saturday 28th September** until **Sunday 13th October 2024**.

Extreme weather may affect activities.

The extreme weather policy can be found at the end of this newsletter.

WEST ACTIVITIES: TERM 3 2024

CONTACT FRANK: MEMBER ENGAGEMENT OFFICER (WEST): PHONE: 8367 6088 or 0488 114 626

Fridays:
Western Social Group: every Third Friday of the month
Friday 19th July 2024: St Kilda Hotel Lunch: West meets North
Friday 16th August 2024: Walk then lunch at Seaton Hotel
Friday 20th September 2024: Lunch at Challa Gardens Hotel
Friday 18th October 2024: Lunch at Birkenhead Tavern
Saturdays:
Western Social Group: First Saturday of the month.
Saturday 6th July 2024: School Holidays
Saturday 3rd August 2024: Lunch at Lockleys Hotel
Saturday 7th September 2024: Lunch at the Lighthouse Wharf
Saturday 5th October 2024: School HolidaysSundays:
Young Adults Group: Second Sunday of the month.
Sunday 14th July 2024: Lunch at the Lakes Hotel
Sunday 11th August 2024: Lunch at Lockleys Hotel
Sunday 11th August 2024: Lunch at Lockleys Hotel
Sunday 13th October 2024: Day Trip to Virginia Nursery

ADELAIDE HILLS ACTIVITIES: TERM 3 2024

CONTACT: FRANK: MEMBER ENGAGEMENT OFFICER (HILLS): PHONE: 8367 6088 or 0488 114 626

Thursday 25th July 2024: Day Trip to Victor Harbor Thursday 29th August 2024: Trip to Hahndorf & lunch Thursday 26th September 2024: Trip to Murray Bridge & lunch at Bridge Hotel Thursday 24th October 2024: Trip to Langhorn Creek

WHYALLA ACTIVITIES: TERM 3 2024

CONTACT: FRANK: MEMBER ENGAGEMENT OFFICER (WHYALLA): PHONE: 8367 6088 or 0488 114 626

Second Tuesday of the month. Whyalla Coffee, Biscuits & Chat. 10am—12pm Tuesday 13th August, Tuesday 10th September, Tuesday 8th October 2024

CENTRAL/EAST ACTIVITIES: TERM 3 2024

CONTACT: MARIAN: MEMBER ENGAGEMENT OFFICER (CENTRAL/EAST): PHONE: 8367 6088

All members outside of the Central/East are welcome to attend if they can meet at a pick up point enroute to location.

Monday:

Monday 5th August, 12th August, 19th August, 26th August 2024 Monday 2nd September, 9th September, 16th September, 23rd September 2024 Monday 14th October, 21st October, 28th October 2024

Gentle Walk & Lunch, 10am - 2:30pm Venues: Mawson Lakes, Oakden Park, Thorndon Park, River Torrens, Semaphore

Tuesday: <u>Activity 1:</u> Golf & Lunch, 10am - 2pm Venue: Valley View Golf Course Tuesday: 6th August, 20th August, 27th August 2024 Tuesday 10th September, 17th September, 24th September 2024 Tuesday 15th October (TBC), 29th October 2024

Activity 2: Exercise/Active Day

Tuesday 13th August, Tuesday 10th September, Tuesday 22nd October 2024 *Please note that when there is Exercise/Active Day, Golf will be cancelled

Wednesday:

<u>Activity 1:</u> Craft & Chat, 10am - 1pm Wednesday 7th August, 14th August, 21st August, 28th August 2024 Wednesday 4th September, 11th September, 18th September, 25th September 2024 Wednesday 16th October, 23rd October, 30th October 2024 Venue: Campbelltown Social Centre

<u>Activity 2:</u> Bingo, 1pm - 2pm Wednesday 14th August, 28th August 2024 Wednesday 11th September, 25th September 2024 Wednesday 23rd October Venue: Campbelltown Social Centre

Activity 3: Wednesday Walks (7km walk) 10am - 4pm, Various Locations Wednesday 7th August, 14th August, 21st August, 28th August 2024 Wednesday 4th September, 11th September, 18th September, 25th September 2024 Wednesday 2nd October, 9th October, 23rd October, 30th October 2024 *Please note Wednesday Walks will be cancelled when it coincides with week of Trips

<u>Thursday:</u>

10-pin bowling at Woodville & Lunch at Tavern 540, 10:30am - 2:30pm Thursday 1st August, Thursday 5th September, Thursday 17th October 2024

Exclusive Insurance Talk for Members, 10.30am – 12.30pm Thursday 8th August 2024

Tandem Bike at Victoria Park, 10am - 12pm. Lunch at Velo Precinct Thursday 15th August 2024

Seniors Group Gathering at Campbelltown Social Centre, 10.30am - 12.30pm Thursday 22nd August, Thursday 12th September 2024 Thursday 24th October 2024

Waterfall Gully & Lunch at Torrens Arms Hotel, 10.30am – 12pm Thursday 29th August 2024

East End Escapade: Adelaide City Tour with Graeme, 10.30am – 12pm Lunch Venue TBC, 12pm – 2.30pm **Thursday 19th September 2024**

Audio Description Movie, Late morning, followed by lunch Thursday 26th September 2024

Day Trip: Nan Hai Pu Tuo Temple, Lunch TBC Thursday 31st October 2024

<u>Friday:</u> Activity 1: Free Readers Book Club, Campbelltown Library, 10am – 12pm Friday 2nd August, Friday 6th September 2024 Venue: Campbelltown Library, 172 Montacute Road, Rostrevor SA 5073

<u>Activity 2:</u> SWISH, Lefevre Community Stadium, 541 Victoria Road, Osborne Friday 23rd August, Friday 13th September, Friday 25th October 2024

<u>Please note:</u> Term 3 school holidays are: Saturday 28th September - Sunday 13th October 2024.

Most daily activities will take a holiday break during this period – please refer to the calendar and contact the region's Member Engagement Officer or the volunteer in charge for any clarification.

Please be aware that all activities are subject to a minimum number of participants and potential changes.

NORTH ACTIVITIES: TERM 3 2024

NORTHERN OUTREACH

CONTACT: JEN: MEMBER ENGAGEMENT OFFICER (NORTH): PHONE: 8166 3330 or 0403 451 817

JULY

Monday 22nd July 2024: Sculpt and Sip, Gawler Office 10am, \$5 per person
Monday 29th July 2024: Gawler South Bakery Lunch
Wednesday 24th July 2024: Bingo, Gawler office, 10am.
Wednesday 31st July 2024: Armchair Travel and quiz, Gawler Office 10.30am
Friday 26th July 2024: Chair exercise, Gawler office, 10.30am

AUGUST

Monday 5th August 2024: Gawler South Bakery lunch, 12 noon Monday 12th August 2024: Lyndoch Lavender Farm, 10am, \$15 per person Monday 19th August 2024: Maggie Beers Farm Shop, 12 noon Tuesday 13th August 2024: Combined Active exercise held at Central Friday 9th August 2024: Armchair travel Friday 23rd August 2024: Chair exercise Gawler Office, 10.30am

SEPTEMBER

Monday 2nd September 2024: Gawler South Bakery lunch, Gawler Office Monday 9th September 2024: Barossa Chocolate Factory 10.30am Monday 16th September 2024: Take a wander around Freemont Park, 10.30am Monday 23rd September 2024: Whispering Wall 10.30am Wednesday 18th September 2024: National Cheeseburger Day Gawler McDonalds, 12 noon Friday 20th September 2024: Chair exercise, Gawler Office, 10.30am

OCTOBER

Friday 4th October 2024: Mystery Drive Wednesday 9th October 2024: Gawler South Bakery Lunch 12 noon Monday 14th October 2024: Let's take a walk, 10.30am, Gawler

NORTH ACTIVITIES: TERM 3 2024 (Continued)

COUNTRY MUSIC CONTACT: JOAN SNOWBALL: PHONE: 0420 794 102

Sundays: 21st July, 18th August, 15th September, 20th October 2024 Country Music: 9am for bus pickups, activity starts at 11am Location: Playford Country Music Club, Elizabeth Downs Open to all members, depending on pick-up location and transport resources available.

BEYOND BLINDNESS GAWLER LOW VISION GROUP CONTACT: JOAN SNOWBALL: PHONE: 0420 794 102

Friday 19th July 2024: Gawler Meeting, Meet at Elderly Centre, 10am
Friday 2nd August 2024: Gawler Meeting, Meet at Elderly Centre, 10am
Friday 16th August 2024: Gawler Meeting, Meet at Elderly Centre, 10am
Friday 30th August 2024: Gawler Meeting, Meet at Elderly Centre, 10am
Friday 13th September 2024: Gawler Meeting, Meet at Elderly Centre, 10am
Friday 27th September 2024: Gawler Meeting, Meet at Elderly Centre, 10am
Friday 11th October 2024: Gawler Meeting, Meet at Elderly Centre, 10am

OVERNIGHT TRIPS

CONTACT: FRANCA LOMBARDI (OVERNIGHT TRIPS COMMITTEE): PHONE: 0488 104 354 OR EMAIL: trips@beyondblindness.org.au

Mildura trip: If you missed out on the Normanville or Peterborough trips, there is limited availability for the Mildura trip.

Monday 14/10/24 to Friday 18/10/24

Where: Staying at the Sunraysia Resort

What: Apart from taking advantage of the resorts amazing facilities, including mini golf, we will also visit Woodsies Gem Shop, cruise on a paddle steamer, visit Mildura Arts Centre and Rio Vista Historic House (Chaffee House) and much more.

Cost \$475: this covers accommodation, transport, continental breakfast, volunteers and entrance fees as per above. The cut off date for registering your interest is **2/8/2024**.

So, if you have any questions or are interested in going, please contact Franca Lombardi on 0488 104 354 or email: trips@beyondblindness.org.au. Don't miss out.

NOTE: we have changed the process slightly. From now on we will have a cut off date for registering your interest. After that date the invoices will be issued with a week to pay the non-refundable deposit. The remaining payment will need to be made 3 weeks before the trip.

SOUTH ACTIVITIES: TERM 3 2024

CONTACT: JEREMY MEMBER ENGAGEMENT OFFICER (SOUTH): PHONE: 8556 6228

These dates and details are subject to change. Please contact Jeremy or Christine at the Southern Office to confirm activities and venues.

Southern Social Group

Tuesday 6th August 2024: Pamper Day Tuesday 3rd September 2024: Music Day Tuesday 1st October 2024: RSPCA Outing

<u>Bus Trips</u>

Tuesday 20th August 2024: Hahndorf

Tuesday 17th September 2024: Mount Lofty Gardens, Stirling for lunch Tuesday 15th October 2024: Virginia Nursery

Marion Conversation Corner

Monday 26th August, Monday 30th September, Monday 28th October 2024: Finnis Street Café, Marion, 1:30pm

Blackwood Coffee Group (Location to be advised.)

Wednesday 14th August 2024 Wednesday 18th September 2024 Wednesday 9th October 2024

Advanced Walking Group

Tuesday 27th August, Tuesday 24th September, Tuesday 22nd October 2024 For those who can walk 10km. Various Locations.

VICTOR HARBOR GROUPS: TERM 3 2024

CONTACT: JEREMY MEMBER ENGAGEMENT OFFICER (SOUTH): PHONE: 8556 6228

Talking Books at Victor Harbor Library

Monday 12th August 2024: Movies, television and music Monday 9th September 2024: Science Fiction and Fantasy Monday 14th October 2024: Animals

<u>Goolwa Men's Coffee and Chat</u>

Every Tuesday: 10am - 11.30am, Goolwa Café, Goolwa Shopping Centre

TRAVEL CLUB: TERM 3 2024

CONTACT: WENDY CARTER: 0408 082 524 or BEYOND BLINDNESS: 8367 6088

Saturday 13th July 2024: AGM, lunch TBA Saturday 10th August 2024: Serenity Nursery. Lunch at Mannum Club Saturday 14th September 2024: Milang Historical Museum, BBQ Lunch Saturday 12th October 2024: Victor Harbor Horse Drawn Tramway to Granite Island, Lunch Locally

IMPORTANT INFORMATION

Please note:

• All members are welcome to attend any activity, in any location in Adelaide, depending on transport and resources availability.

- All activities are subject to change and a minimum number of sign up
- Some activities may have fees involved

• Transport may be provided for members living within predetermined radius. For members who are living outside of the radius, alternative central pick-up locations can be arranged, subject to availability

• Regular activities may take a break during the school holiday period – please refer to the activity calendar for details

• Contact the appropriate regional Member Engagement Officer for any clarification about activities during the holidays or any general questions.

• Refer to 'Extreme Weather Policy' on next page regarding the weather and how it may affect activities

