# Beyond Blindness Activities Calendar October, November, December 2023 & January 2024

Main Office: 516 Lower North East Road, Campbelltown, SA 5074 Phone: 8367 6088

Email: info@beyondblindness.org.au

# **WEST ACTIVITIES**

# CONTACT FRANK MEMBER ENGAGEMENT OFFICER (WEST)

PHONE: 0488 114 626

**Tuesdays:** West-Central Group: Dancing

Tuesday 24<sup>th</sup> October

Venue: VIP Dance Studio, Hampstead Gardens

Thursdays: West-Central Group: Walk & Lunch

Thursday 26<sup>th</sup> October: Walk along Henley Beach then lunch

at Henley Hotel

Thursday 23<sup>rd</sup> November: Walk around West Lakes then lunch

at Lakes Hotel

Thursday 14th December: Christmas lunch for members and

volunteers, 12pm – 2.30pm, Marche Club,

49 Gorge Rd, Paradise SA 5075

Fridays: Western Group

Friday 20th October: Lunch at the Birkenhead Tavern Port Adelaide

Friday 17th November: Lunch at the Seaton Hotel

**Saturdays:** Western Social Group

Saturday 30th September: Coffee & Lunch at Prices Bakery

Saturday 4th November: Lunch at Challa Gardens Hotel

**Sundays:** Young Adults Group

Sunday 8th October: Day Trip to Virginia Nursery

Sunday 12th November: Live Music & Lunch at the Palais

Hotel Semaphore

### **CENTRAL / EAST ACTIVITIES**

CONTACT: MARIAN: MEMBER ENGAGEMENT OFFICER: (CENTRAL/EAST): 8367 6088

Note: During school holidays most Central/East activities will be paused. School holidays are: **30th September until 15th October 2023** & **16th December 2023 until 28th January 2024** 

Monday: Gentle Walk & Lunch, 10am - 2:30pm

16th, 23rd, 30th October & 6th, 13th, 20th, 27th November

& 4th, 11th December & 29th January 2024

Venues: Mawson Lakes, Oakden Park, Thorndon Park,

Brickworks/River Torrens, Semaphore

#### **Tuesday:**

Activity 1: Golf & Lunch, 10am - 2pm

17th, 24th, 31st October & 7th, 14th, 21st, 28th November

& 5th, 12th December & 30th January 2024

Venue: Valley View Golf Course

Activity 2: Dance Class, 1pm-2pm

24th October

Venue: VIP Dance Studio, 321 North East Road,

Hampstead Gardens SA 5086

Wednesday: Activity 1: Craft & Chat, 10am - 1pm

18th, 25th October & 1st, 8th, 15th, 22nd, 29th November

& 6th, 13th December & 31st January 2024

Activity 2: Bingo, 1pm - 2pm

25th October & 8th, 22nd November & 6th December

**&** 31st January 2024

Venue: Campbelltown Social Centre

<u>Activity 3:</u> Wednesday Walks (7km walk), 10am - 4pm – Various Locations \*Please note Wednesday walks will be cancelled when it coincides with week of Trips

Dates: 4th, 11th, 25th October & 8th, 22nd November

& 13th December & 31st January 2024

#### Thursday:

**19th October:** Botanic Gardens Tour & Lunch @ Alma Tavern.

66 Magill Road, Norwood, 10.30am to 2.30pm

26th October: Central, East, West Activity- Gentle Walk at West Beach

& Lunch, 10.30am – 3pm

2nd November: 10 pin bowling at Woodville & Lunch at Tavern 540,

10:30am - 2:30pm

9th November: Historic tour: Grand Mansions and Sub-Divisions; a tour about the city's architecture, immigrants, how wealth was amassed and how Adelaide City came to be, followed by lunch, 10.30am – 2.30pm

16th November: Seniors Group Coffee & Chat (Above 70 years),

Campbelltown Social Centre, 10.30am to 12.30pm

23rd November: Central, East, West Activity: Walk & lunch at

Henley Beach, 10:30am - 3:30pm

23rd November: Mobile and tablet assistance at Ngutungka West Lakes, 9 Charles Street, West Lakes SA 5021, 11am to 12.30 pm

**30th November:** Cherries picking at Charleston OR Ancara Estate &

Lunch, venue TBC, 10.30am to 2.30pm

7th December: 10 pin bowling at Woodville & Lunch at Tavern 540,

10:30am - 2:30pm

14th December: Christmas lunch for members and volunteers,

12pm – 2.30pm, Marche Club, 49 Gorge Rd, Paradise SA 5075,

1st February 2024: 10 pin bowling at Woodville & Lunch at Tavern 540,

10:30am - 2:30pm

#### Friday:

First Friday in December 2023/February 2024: Expressions of Interest in Formation of Book Club in collaboration with Payneham Library 27th October: Cooking Class/Demo at Beyond Blindness Campbelltown Social Centre, 516 Lower North East Road, Campbelltown SA 5074 **10th November:** Mobile and tablet assistance at Hamra Library,

1pm—3pm, 1 Brooker Tce, Hilton SA 5033

# **NORTH ACTIVITIES**

#### **NORTHERN OUTREACH**

CONTACT DEIDRE: MEMBER ENGAGEMENT OFFICER (NORTH):

8166 3330 or 0403 451 817

Wednesday 1<sup>st</sup> November: Doncho's Café Virginia Nursery

Monday 6th November: Cuddlee Creek Café

Monday 13th November: Day trip to Murray Bridge

Lunch at the Murray Bridge Community Club

Wednesday 15<sup>th</sup> November: Rezz Hotel Paradise

(optional wander around Thorndon Park)

Monday 20th November: Carpet bowls Northern Outreach Gawler

& bakery lunch

Monday 27th November: Day trip to Morgan. Lunch destination TBC

Wednesday 29<sup>th</sup> November: Semaphore Hotel

Thursday 14th December: Christmas lunch for members and volunteers,

12pm – 2.30pm, Marche Club, 49 Gorge Rd, Paradise SA 5075

#### **COUNTRY MUSIC**

**CONTACT: JOAN SNOWBALL: 0420 794 102** 

Sundays: October 15th, November 19th, December 17th, January 21st

Country Music: 9am onwards: Playford Country Music Club: Elizabeth Downs Open to all members, depending on pick-up location and transport resources available.

#### **BEYOND BLINDNESS GAWLER LOW VISION GROUP**

**CONTACT: JOAN SNOWBALL: 0420 794 102** 

Please note: This group is at capacity with transport so anyone wanting to join in needs to arrange their own transport. Spaces may be limited.

Contact Joan Snowball for further information.

Friday 13th October: Gawler meeting, Meet at Elderly Centre, 10am

Friday 27th October: Willaston Hotel, Meet at Elderly Centre, 10am

Friday 10th November: Gawler meeting, Meet at Elderly Centre, 10am

Friday 24th November: Christmas get together, Meet at Elderly Centre, 10am

Friday 8th December: Southern Hotel, Meet at Elderly Centre, 10am

# **SOUTH ACTIVITIES**

#### **CONTACT: JEREMY: PHONE: 8556 6228** MEMBER ENGAGEMENT OFFICER (SOUTH)

These dates and details are subject to change. Please contact Jeremy or Christine at the Southern Office to confirm activities and venues.

#### **OCTOBER**

Tuesday 3<sup>rd</sup> October: Social Group – Ukulele Group at Cove Library

Tuesday 10<sup>th</sup> October: Craft Group at Office Wednesday 11<sup>th</sup> October: Blackwood Coffee Group

Tuesday 17<sup>th</sup> October: Bus Trip – Goolwa Monday 30<sup>th</sup> October: Conversation Corner

#### **NOVEMBER**

Tuesday 7<sup>th</sup> November: Social Group at Office Wednesday 8<sup>th</sup> November: Blackwood Coffee Group

Tuesday 14th November: Craft Group at Office

Tuesday 21st November: Bus Trip – To be arranged

Monday 27th November: Conversation Corner

#### **DECEMBER**

Tuesday 5th December: Social Group Tuesday 12th December: Craft Group

Wednesday 13th December: Blackwood Coffee Group

Thursday 14th December: Christmas lunch for members and

volunteers, 12pm – 2.30pm, Marche Club,

49 Gorge Rd. Paradise SA 5075

#### **JANUARY**

No activities in January 2024

# **VICTOR HARBOR GROUPS**

CONTACT: JEREMY (SOUTH MEO): PHONE: 8556 6228

Monday 16th October: Talking Books at Victor Harbor Library Monday 20th November: Talking Books at Victor Harbor Library

#### **Every Tuesday:**

Victor Harbor Men's Coffee & Chat:

Crown Hotel, Victor Harbor, 10am - 11:30am

No groups in January 2024

# **ADELAIDE HILLS ACTIVITIES**

# CONTACT: FRANK MEMBER ENGAGEMENT OFFICER (ADELAIDE HILLS) 0488 114 626

#### **Thursdays:**

Thursday 26th October: Outing to Hahndorf & Lunch (Location TBC)

Thursday 16th November: Adelaide Hills Outing (Location TBC)
Thursday 14th December: Christmas lunch for members and volunteers, 12pm – 2.30pm, Marche Club, 49 Gorge Rd, Paradise SA 5075

## TRAVEL CLUB

CONTACT: CATHERINE BOTTCHER 8395 1005 or BEYOND BLINDNESS on 8367 6088

#### **Saturday 14th October:**

AGM of the Club to be held at the home of Brian and Pam Murdock with a BBQ Lunch

#### **Saturday 11th November:**

Elephant's Rest at Callington, with lunch locally

#### **Saturday 9th December:**

Kenton Valley Cherry Farm. Lunch at the Gumeracha Hotel

### IMPORTANT INFORMATION

#### Please note:

- All members are welcome to attend any activity, in any location in Adelaide, depending on transport and resources availability.
- All activities are subject to change and a minimum number of sign up
- Some activities may have fees involved
- Transport may be provided for members living within predetermined radius. For members who are living outside of the radius, alternative central pick-up locations can be arranged, subject to availability
- Most regular activities will take a holiday break during the school holiday period please refer to the calendar.
- Summer school holidays are:
   16th December 2023 until 28th January 2024
- Contact the appropriate regional Member Engagement Officer for any clarification about activities during the holidays or any general questions.
- Refer to 'Extreme Weather Policy' on next page regarding the weather and how it may affect activities



# **EXTREME WEATHER POLICY**

UPDATE D: 29th June 2023

#### 32 degrees and over:

No working guide dogs outside

#### 38 degrees and over:

- small jobs and members home visits to be cancelled and rescheduled
- All outdoor activities, Travel Clubs and regional trips will be cancelled except for metropolitan activities. E.g. craft & bingo using air conditioned vehicles to and from

#### 40 degrees and over:

- All Beyond Blindness member services cancelled
- Staff will still be in office on these days

#### **Please Note:**

- Activities are subject to change depending on extreme weather conditions (e.g. heat, severe storm warning, or flood alert, etc)
- The health and safety of staff, volunteers and members is essential at all times, but particularly during extreme weather

