# Beyond Blindness Activities Calendar

#### July, August, September, October 2023

#### **TRIPS**

**CONTACT: TRUDY, GROUP TRAVEL PLANNER: 0488 104 354** 

**August 14 – 18, 2023:** Mildura (5 Days/4 Nights), Cost \$425.00 **September 18 – 21, 2023:** Port Augusta, Cost \$350.00 **October 30 – November 2, 2023:** Port Hughes, Cost \$350.00 **December 4 – 8, 2023:** Mannum (5 Days/4 Nights), Cost \$425.00

All trip accommodation has been Booked and Confirmed.
A non-refundable deposit of \$50.00 will be needed to confirm any bookings.

To register your interest or if you have any queries, please contact Trudy: email: <a href="mailto:tthain@beyondblindness.org.au">tthain@beyondblindness.org.au</a>

Or call 0488104354 and leave a detailed message.

# TRAVEL CLUB

CONTACT: CATHERINE BOTTCHER 8395 1005 or BEYOND BLINDNESS on 8367 6088

July 8: Hill & Song Grand Organ Tanunda

with lunch at the Club House

August 12: Round House at Murray Bridge, with lunch locally

September 9: Port Milang Historic Railway Museum guided tour at

Milang and lunch at the Commercial Hotel in Strathalbyn

# **CENTRAL / EAST ACTIVITIES**

# CONTACT: MARIAN: MEMBER ENGAGEMENT OFFICER: (CENTRAL/EAST): 8367 6088

Note: During school holidays most Central/East activities will be paused. please refer to the calendar and contact the region's Member Engagement Officer for any clarification. School holidays are: 8<sup>th</sup> July until 23<sup>rd</sup> July 2023 & 30<sup>th</sup> September until 15<sup>th</sup> October 2023

Monday: Gentle Walk & Lunch, 10am - 2:30pm Dates: 3, 24, 31 July & 7, 14, 21, 28 August & 4, 11, 18, 25 September & 16, 23, 30 October

Venues: Mawson Lakes, Oakden Park, Thorndon Park, Brickworks,

Semaphore

Tuesday: <u>Activity 1:</u> Golf & Lunch, 10am - 2pm Dates: 4, 25 July & 1, 8, 15, 22, 29 August & 5, 12, 19, 26 September & 17, 24, 31 October

Venue: Valley View Golf Course

Activity 2: Dance Class, 1pm - 2pm

Dates: 25 July & 8, 22 August & 5, 19 September & 24 October

Venue: VIP Dance Studio, Hampstead Gardens

Wednesday: Activity 1: Craft & Chat, 10am -1pm

**Dates:** 5, 26 July & 2, 9, 16, 30 August & 6, 13, 20, 27 September & 18, 25 October

**Special Activity:** \*Beauty @Beyond Blindness,

Venue: Campbelltown Social Centre

23 August, 10:30am until 1pm

Members can enjoy manicures & hand massages at special rates

\* Activity will replace Craft & Chat for that week

Activity 2: Bingo, 1pm - 2pm

Dates: 5 July & 2, 16, 30 August & 13, 27 September & 25 October

Venue: Campbelltown Social Centre

Activity 3: Wednesday Walks (7 km walk), 10am - 4pm: Various Locations \*Please note Wednesday walks will be cancelled when it coincides with week of trips

Dates: 5, 12, 19, 26 July & 2, 9, 16, 23, 30 August &

6, 13, 20, 27 September & 4, 11, 18, 25 October

# **Thursday:**

#### Dates

6 July: 10-pin bowling at Woodville, Lunch at Tavern 540

13 & 20 July: No activities (school holidays)

**27 July:** Central/East/West Activity: Virginia Nursery **3 August, 7 September:** 10-pin bowling at Woodville

& Lunch at Tavern 540, 10:30am - 2:30pm

10 August: Indoor Bowls at Modbury Bowling Club & Lunch at

Modbury Hotel, 10:30am - 2:30pm

17 August: Seniors Coffee, Chat & Games (70 years and above)

Campbelltown Social Centre, 10:30am - 12:30pm

24 August: Central/East/West Activity: Port Adelaide Footy Club for

Lunch, 10:30am - 3:30pm

31 August: No activity

**14 September:** NDIS/My Aged Care Info Session 2 Venue: Campbelltown Social Centre, 10:30am - 1pm

21 September: No Activity

28 September: Central/East/West Activity:

Wharf Walk then Lunch at Lighthouse Wharf, 10:30am - 3pm

19 October: Botanic Gardens Tour & Lunch at Alma Tavern

66 Magill Road, Norwood, 10:30am - 2:30pm

**26 October:** Central/East/West Activity:

Gentle Walk at West Beach & Lunch, 10:30am - 3pm

# Friday:

Dates: 11 August: Campbelltown Library Digital Training Programs,

1 - 3pm, Venue: 171 Montacute Road, Newton, SA, 5074

25 August: Hamra Centre Library, 1 - 3pm

Venue: 1 Brooker Tce, Hilton, SA, 5033

20 October: Cooking Class, Cost \$5, 10:30am - 12:30pm

Venue: Campbelltown Social Centre

# NORTH ACTIVITIES COUNTRY MUSIC

CONTACT: JOAN SNOWBALL: 0420 794 102

Sundays: July 16th: August 20th: September 17th: October 15th

Country Music: 9am onwards:

Playford Country Music Club: Elizabeth Downs

Open to all members, depending on pick-up location and transport

resources available.

#### **NORTHERN OUTREACH**

CONTACT DEIDRE: MEMBER ENGAGEMENT OFFICER (NORTH):

8166 3330 or 0403 451 817

Wednesday 26th July: morning tea at Krispy Kreme (Port Wakefield Rd)

followed by lunch at the Whitehorse Inn

Wednesday 9th August: lunch at Woodside Hotel

Wednesday 23rd August: morning tea at Da Vince Café, One Tree Hill

Monday 28th August: lunch at Williamstown Hotel

Wednesday 6th September: lunch at Virginia Hotel

Monday 25th September: lunch at Gully Public House & Garden,

Tea Tree Gully

Wednesday 18th October: lunch at B.Social Restaurant, Oakden

Monday 23rd October: morning tea/lunch at Café de Grove

#### BEYOND BLINDNESS GAWLER LOW VISION GROUP (BBGLVG)

CONTACT: JOAN SNOWBALL: 0420 794 102

Please note: This group is at capacity with transport so anyone wanting to join in needs to arrange their own transport.

Spaces may be limited.

Contact Joan for further information.

Friday 7th July, Java Hut Gawler, Meet at Elderly Centre, 10am
Friday 21st July, Home meeting, Meet at Elderly Centre, 10am
Friday 4th August, Hampstead Hotel, Meet at Elderly Centre, 10am
Friday 18th August, Home meeting, Meet at Elderly Centre, 10am
Friday 1st September, Two Wells Hotel, Meet at Elderly Centre, 10am
Friday 15th September, Home meeting, Meet at Elderly Centre, 10am
Friday 29th September, Semaphore Hotel, Meet at Elderly Centre, 10am
Friday 13th October, Home meeting, Meet at Elderly Centre, 10am

# **SOUTH ACTIVITIES**

# CONTACT: JEREMY: MEMBER ENGAGEMENT OFFICER (SOUTH): 8556 6228

These dates and details are subject to change.

Please contact Jeremy or Christine at the Southern Office to confirm activities and venues.

# **JULY**

Tuesday 4th July: Social Group Pamper Day

Tuesday 11th July: Craft Group

Monday 17th July: Talking Book Club at Cove Library

Tuesday 18th July: Bus Trip: Campbelltown Beyond Blindness Office

Monday 24th July: Conversation Corner

#### **AUGUST**

Tuesday 1st August: Social Group Tuesday 8th August: Craft Group

Wednesday 9th August: Blackwood Coffee Group

Tuesday 15th August: Bus Trip - Glenelg

Monday 21st August: Talking Book Club at Cove Library

Monday 28th August: Conversation Corner

#### **SEPTEMBER**

Tuesday 5th September: Social Group Tuesday 12th September: Craft Group

Monday 18th September: Talking Book Club at Cove Library

**Tuesday 19th September:** Bus Trip: Wittunga **Saturday 23rd September:** Conversation Corner

# **OCTOBER**

Tuesday 3rd October: Social Group- Ukelele Group

Tuesday 10th October: Craft Group

Monday 16th October: Talking Book Club at Cove Library

**Tuesday 17th October:** Bus Trip - Goolwa **Monday 23rd October:** Conversation Corner

#### **VICTOR HARBOR GROUPS**

Mondays: 17th July, 21st August, 18th September, 16th October: Victor Harbor Talking Book Club: Victor Harbor Library, 10:30am—12pm

# **Every Tuesday**

Victor Harbor Men's Coffee & Chat:

Crown Hotel Victor Harbor, 10am - 11:30am

#### **WEST ACTIVITIES**

# CONTACT: FRANK: MEMBER ENGAGEMENT OFFICER (WEST): 0488 114 626

Tuesday: West - Central Group: Dancing

25th July

8th & 22nd August

5th & 19th September

24th October

Venue: VIP Dance Studio, Hampstead Gardens

Thursday: Social Group

27th July, Virginia Nursery

24th August, Port Adelaide Footy Club (The Precinct)

28th September, Lighthouse Wharf & Lunch

26th October: Gentle Walk at West Beach & Lunch

Friday: Western Social Group Lunches

21st July: Woodville Hotel

18th August: La Vita Café

15th September: Tavern 540

20th October: Lunch at Seaton Hotel

**Saturday:** Western Social Group Lunches

1st July: Lockleys Hotel

5th August: Schnitzel House

2nd September: Lighthouse Wharf

7th October: Lunch at the Challa Gardens Hotel

**Sunday:** Young Adult Group Lunches

13th August: Lighthouse Wharf (Lunch & Music) 10th September: Lockleys Hotel (Lunch & Music)

8th October: Day Trip (To Be Confirmed)

#### IMPORTANT INFORMATION

#### Please note:

- Members from all regions are welcome to attend all activities
- · All activities are subject to change and a minimum number of sign up
- Some activities may have fees involved
- Transport may be provided for members living within predetermined radius. For members who are living outside of the radius, alternative central pick-up locations can be arranged, subject to availability
- Term 3 School holidays are: 30th September—15th October 2023.
   Most regular activities will take a holiday break during- this period please refer to the calendar and contact the regional Member Engagement Officer for any clarification
- Please refer to Extreme Weather policy on next page regarding the weather and how it may affect future activities



# **EXTREME WEATHER POLICY**

UPDATED: 29th June 2023

# 32 degrees and over:

No working guide dogs outside

# 38 degrees and over:

- small jobs and members home visits to be cancelled and rescheduled
- All outdoor activities, Travel Clubs and regional trips will be cancelled except for metropolitan activities. E.g. craft & bingo using air conditioned vehicles to and from

# 40 degrees and over:

- All Beyond Blindness member services cancelled
- Staff will still be in office on these days

### **Please Note:**

- Activities are subject to change depending on extreme weather conditions (e.g. severe storm warning or flood alert)
- The health and safety of staff, volunteers and members is essential at all times, but particularly during extreme weather

