Beyond Blindness
Supporting Independence and Inclusion for Blind South Australians

WINTER
2022

Beyond Blindness Magazine

Welcome to the slightly belated Winter 2022 edition of the Beyond Blindness Magazine. Sadly, there have been a few situations beyond our control in getting it out earlier, but here it is. My excuse is that I managed to have a tumble (not a fall as those of us over sixty are looked upon differently to those under sixty who just fell) and am now the recipient of a total shoulder replacement which, I am assured by others, means I will never have arthritis in my right shoulder in future.

The footy season is heading towards the pointy end and the anticipation for those of you whose teams are doing well will soon know the Grand Final winner late September.

As usual, there are a lot of items of interest and news for you to read and catch up on. Enjoy!

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Message from the Board

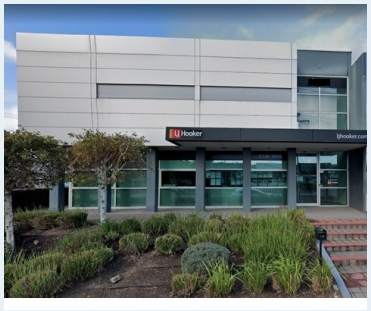
I trust all our members and supporters are staying Covid safe as well as keeping warm and generally healthy during these colder months.

As discussed previously, the Board is not only focused on improving services to members but is highly aware that we must stay financially sustainable in this unpredictable economic environment.

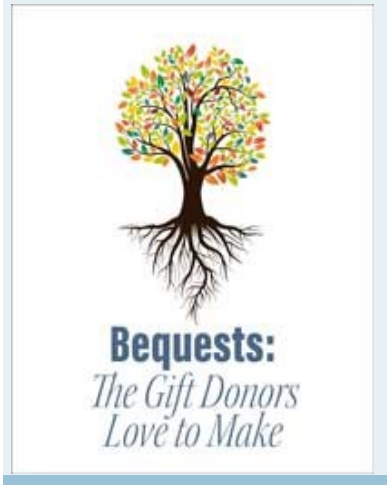
Over the past 10 years the Charitable sector has seen many changes along with the Social and Community sector. The space that Beyond Blindness operates in has also been impacted by the introduction of the NDIS and changes in the Aged Care sector.

Previously, we advised that we had decided to withdraw from Government funded programs due to our minimum participation and significant cost of compliance. We now operate on our income from Foundation support, Public Donations and Bequests and our commercial operations.

"…..due to a significant bequest, the organization purchased a commercial building at Campbelltown to help sustain our financial future and member services. "



New Head Office at Campbelltown



Last year, due to a significant bequest, the organisation purchased a commercial building at Campbelltown to help sustain our financial future and member services. The two-storey building, which was fully leased at the time of purchase, has now become vacant. This has given the organisation an opportunity to reassess and reorganise our physical assets and operations.

The Board has decided to utilize the lower level of the building as our head office, with three areas for Member Activities. The first floor will then be offered for commercial lease, this will in-turn provide income to maintain and assist with rental of our Christies Beach and Gawler offices. The Gilles Plain's site will continue to provide income through the rental of the onsite units and discussions with advisors from the Property sector will ensure we maximise a return on these assets.

Unfortunately, due to the status of the building sector and supply issues we cannot advise of when the organisation will move operations to the Campbelltown premises, but we will endeavour to provide timely updates, through our various communications channels, as these plans progress.

In the meantime, all member activities offered by Beyond Blindness will continue and our commitment to the growth and expansion of these activities remains a high priority. We encourage all members to take advantage of the many opportunities available through our social programs and upcoming trips.

Tony Starkey, President

From the Manager

July brought a new Financial Year and, once again, Beyond Blindness has ended the previous year in a strong financial position. We will be commencing the new year with funds set aside for future projects, as well as returning $400,000 to our foundation for future investment.

As outlined in the previous article by our Beyond Blindness Chairperson, Tony Starkey, planning is well underway for the remodelling of the Campbelltown site, in-line with member needs. We will be leasing the first-floor offices, income from which will offset the costs of operating both our Southern office at Christies Beach and our new Northern office at Gawler.

In preparation for this, the installation of a 38kw solar power system has recently been completed at the Campbelltown site. This investment in solar will not only pay for all our electricity needs but return a profit to Beyond Blindness in future years as well as hedging against increases to power costs. Solar will also enable us to eventually convert our vehicle fleet to electric in coming years.

Our new Northern office at Gawler is now operational and was officially opened in a small event held on-site on Friday the 5th of August.

Our staff restructuring project is also now complete, enabling us to fund our new four-member Engagement Team, who now support member social activities all the way from Victor Harbour to the Barossa Valley. For the first time, Beyond Blindness can offer group activities in the West and North and in addition, we have increased our overnight trip offerings from four per year to one every six weeks.

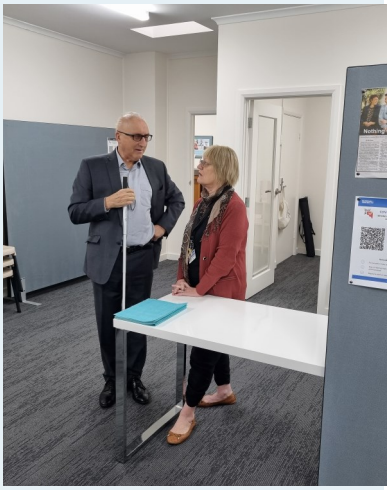
Continued…..

From left, Board of Director Lenore, Manager Jim Colligan, President Tony Starkey, Barossa Council Group: Gillian, Penny, Maurie and Beyond Blindness Northern Member Engagement Officer Deidre Gavros

Northern Office Opening

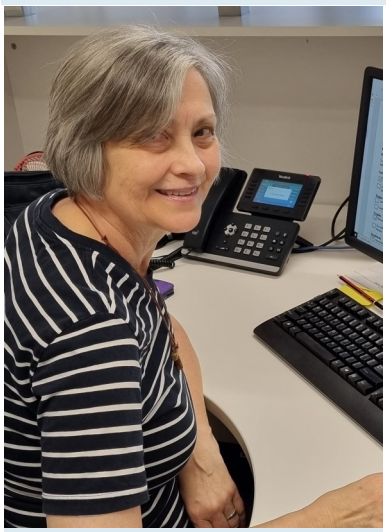
Our new Northern office at Gawler is now operational and was officially opened in a small event held on-site on Friday the 5th of August.

Cake Cutting; From left, Northern Member Engagement officer Deidre Gavros, President Tony Starkey and Manager Jim Colligan



Member and Volunteer Joan Snowball and President Tony Starkey chatting at the Opening

Volunteer Mark getting ready for his dance



Volunteer Marianne at Reception

From the Manager continued

To support our new offices, and to honour our commitment to make services more equitable across metro Adelaide, we will be taking delivery of four new commuter buses later this year to replace our current Mercedes buses and two Subaru vehicles. However, regardless of how well our systems and assets are managed, we could not do any of it without our wonderful volunteers.

I recently attended a volunteer meeting at Gilles Plains, which again highlighted the wonderful work that our volunteers do in keeping Beyond Blindness relevant to our member needs. I look forward to attending the Southern Christmas mid-year lunch later this month, following its cancellation last Christmas.

Again, thank you to all our team at Beyond Blindness and the support given by our voluntary Board of Management.

Jim Colligan, Manager

Example Only —Toyota Commuter Bus

Sylvanna Stewart

After responding to an advertisement from Volunteering SA for Administrative assistance, Sylvana commenced with Beyond Blindness in December 2021 as a volunteer in our Gilles Plaines office. It didn't take long for her skills in administration and finance to be recognised and in February 2022, she was offered and accepted the part-time position of Admin and Accounts Support.

Prior to joining Beyond Blindness, Sylvana worked at Harris Scarf for 34 years, where her various duties ranged from customer service to accounts payable and finance.

"I have really enjoyed my time with Beyond Blindness. The people are lovely. It is really nice to see and interact with all the members and volunteers… And I absolutely love Leonor's cooking"

Sylvana, born in Adelaide to a large Italian family, loves reading, going to the movies and the beach, and cooking with her granddaughter in her spare time.

With her husband Ken, Sylvana has two adult sons, Luke and Samuel, and two wonderful grandchildren with one more on the way.

Around the Office

Recently, we welcomed two new members to the Beyond Blindness family: Frank Cirillo and Sylvana Stewart. Frank and Sylvana recently shared some personal insights so we could get to know them a little better.

Frank Cirillo

Frank commenced with Beyond Blindness in March this year, taking up the new position of Western Engagement Officer. Many Members may already know Frank as he has also been a Beyond Blindness Member for the past five years, as well as a volunteer, having been the organiser of Saturday Western group activities for the past eighteen months.

Frank brings a wealth of knowledge to his new role having worked in Disability Services for over twenty years. He previously worked for the former Woodville Spastic Centre, and later as Team Leader with an Italian community disability and aged care service provider.

In his new position with Beyond Blindness, Frank is now responsible for organising member activities in the Western Region, encouraging new members, coordinating groups, and introducing new activities. In a relatively short space of time, Frank has managed to encourage younger members to become involved through the introduction of the Younger Persons Western Sunday Social Group, involving outings to lunch and live music. He has also introduced 'Anything goes Fridays,' where members choose the activity, anything from bowling and croquet, to walks and relaxing lunches, where everyone is welcome.

A proud Italian Australian, Frank is also an avid Port Power supporter and has attended all Grand Finals since 1976.

Frank says of his new role at Beyond Blindness: "The job has given me a new lease on life. I love to help people; it is a win-win situation for me and the people I now support and assist."

Frank Cirillo—Western Engagement Officer

Sector Update—Adaptive Tech Corner

Apple announces innovative new accessibility features: In a recent Press Release, Apple announced new software features coming later this year offering users with disabilities new tools for navigation, health, communication, and more.

Apple VoiceOver Logo

Using advancements across hardware, software, and machine learning, people who are blind or vision impaired can use their iPhone and iPad to navigate the last few feet to their destination with Door Detection; users with physical and motor disabilities who may rely on assistive features like Voice Control and Switch Control can fully control Apple Watch from their iPhone with Apple Watch Mirroring; and the Deaf and hard of hearing community can follow Live Captions on iPhone, iPad, and Mac.

Apple is also expanding support for its industry-leading screen reader VoiceOver with over twenty new languages and locales. These features will be available later this year with software updates across Apple platforms.

"Apple is also expanding support for its industry-leading screen reader Voice Over…."

Door Detection for Users Who Are Blind or Vision Impaired

Apple is introducing Door Detection, a cutting-edge navigation feature for users who are blind or vision impaired.

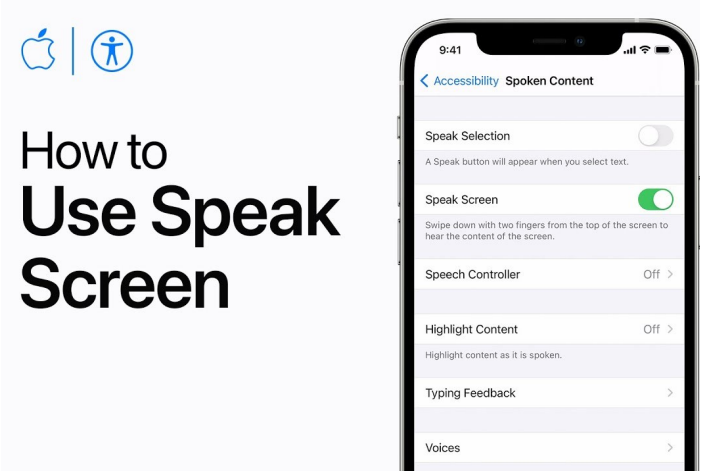
Door Detection can help users locate a door upon arriving at a new destination, understand how far they are from it, and describe door attributes – including if it is open or closed, and when it's closed, whether it can be opened by pushing, turning a knob, or pulling a handle. Door Detection can also read signs and symbols around the door, like the room number at an office, or the presence of an accessible entrance symbol.

This new feature will be available on iPhone and iPad models with the LiDAR Scanner. Door Detection will be available in a new Detection Mode within Magnifier, Apple's built-in app supporting blind and vision impaired users.

Door Detection, along with People Detection and Image Descriptions, can each be used alone or simultaneously in Detection Mode, offering users with vision disabilities a go-to place with customizable tools to help navigate and access rich descriptions of their surroundings. In addition to navigation tools within Magnifier, Apple Maps will offer sound and haptics feedback for VoiceOver users to identify the starting point for walking directions.

Adaptive Tech Corner

VoiceOver Adds New Languages and More



VoiceOver, Apple's industry-leading screen reader for blind and vision impaired users, is adding support for more than twenty additional locales and languages, including Bengali, Bulgarian, Catalan, Ukrainian, and Vietnamese. Users can also select from dozens of new voices that are optimized for assistive features across languages. These new languages, locales, and voices will also be available for Speak Selection and Speak Screen accessibility features. Additionally, VoiceOver users on Mac can use the new Text Checker tool to discover common formatting issues such as duplicative spaces or misplaced capital letters, which makes proofreading documents or emails even easier.

"Apple's industry-leading screen reader for blind and vision impaired users, is adding support for more than twenty additional locales and languages….."

Advancing Physical and Motor Accessibility for Apple Watch

Apple Watch becomes more accessible than ever for people with physical and motor disabilities with Apple Watch Mirroring, which helps users control Apple Watch remotely from their paired iPhone. With Apple Watch Mirroring, users can control Apple Watch using iPhone's assistive features like Voice Control and Switch Control, and use inputs including voice commands, sound actions, head tracking, or external Made for iPhone switches as alternatives to tapping the Apple Watch display.

Plus, users can do even more with simple hand gestures to control Apple Watch. With new Quick Actions on Apple Watch, a double-pinch gesture can answer or end a phone call, dismiss a notification, take a photo, play, or pause media in the Now Playing app, and start, pause, or resume a workout.

Picture of Apple Watch and syncing to IPhone

Adaptive Tech Corner

Live Captions Come to iPhone, iPad, and Mac for Deaf and Hard of Hearing Users

For the Deaf and hard of hearing community, Apple is introducing Live Captions on iPhone, iPad, and Mac. Users can follow along more easily with any audio content — whether they are on a phone or FaceTime call, using a video conferencing or social media app, streaming media content, or having a conversation with someone next to them. Users can also adjust font size for ease of reading.

Remember COVID rules

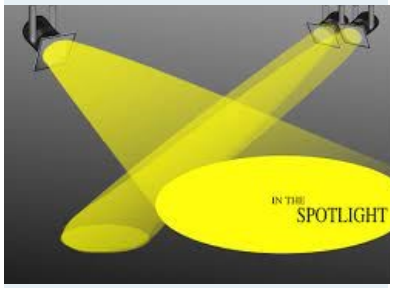
Remember to follow the Covid rules to keep your fellow Members and Volunteers safe.

For more information on these new features, visit the Apple website at

https://www.apple.com/newsroom/2022/05/apple-previews-innovative-accessibility-features/

A Spotlight on… Member—Joan Snowball

In this edition of the Beyond Blindness Magazine, we take a slightly different approach to our regular Member Spotlight column, with long-term member and volunteer, Joan Snowball, sharing her personal journey of sight loss.



Member Joan Snowball and President Tony Starkey enjoying a laugh

Leading the journey into awareness of vision impairment-by Joan Snowball

I was diagnosed with an eye condition called **High Myopic Degeneration** at age of three. I have since then been wearing glasses on a full-time basis. Living with this came with its consequences. I was often teased and judged because of the thickness of my glasses. At the age of fifteen, I had got to a point where I was so traumatised dealing with being confronted with such an impact on my eyesight that I asked my parents for an exemption from school. The bullying and teasing were affecting me severely.

Being mindful, in the era I grew up in was around the 1960's. There was not enough medical research to assist us with this condition nor was there any education around my condition. I was required to go to specialists on a yearly basis to have my eyes tested until 1989. This is the year my life would change.

I had a massive haemorrhage in my right eye. It took all my right vision leaving only partial light perception behind. I was referred to a Retinal Surgeon, who was able to update me on research and revised information on my current eye condition. I was advised my left eye progressively had deteriorated. I was then reassessed and was deemed **'legally blind'.** My licence was then revoked, and my life change and I spiralled into depression.

For most of you, you would reflect depression with trauma. Trauma is also a loss. Blindness is a major loss.

Independence by this stage, was all I knew or had due to growing up with vision loss. Having my licence revoked took away the ability for me to be solely independent. I lost all my self-esteem, the ability to socially interact. I felt secluded, which then led me to restrict myself to my home which is also my safe place. Acceptance was the hardest part to deal with due to my condition.

Vision impairment affects our ability in all aspects, we become reliant on others for assistance. We feel unsafe in unknown surroundings. Weather restricts our ability to travel during winter and rain which then leaves us house bound, leading to worsening depression. We have daily personal safety issues due to our unknown surroundings. We realise we are socially detached due to our inability to visualise day to day activities and routines.

Continued……..

.....A Spotlight on Member Joan Snowball

Member Joan Snowball enjoying some green surroundings

At around the year 2000, I began my counselling journey. Ruth was my inspiration, she encouraged me to join the Gawler Low Vision Support Group in 2001.
At this time, I was one of the youngest participants in the group, due to the fact people are unaware that these vision impairments can affect us at any age. I was introduced into a senior group, however the acknowledgement of others towards me was not age biased. I was a part of something that I had in common with others.

I started attending groups. The first few years being so dormant and secluded I was very detached but as I started to appreciate and value the support of others I began to grow. I finally felt like I was a part of something beautiful.
In 2005, I was appointed as a Facilitator for the group, I declined due to my vision impairment and the inability to cope with the paperwork due to my eyesight. With some effective teamwork, I was able to do this when the volunteers assisted me in areas I struggled with. I had a sense of direction when I was told that I would be the first vision impaired co-ordinator in the Northern Area. I was privileged to understand my role and be able to actively support the group's needs.

I accepted the position. In the first few years we started with approximately thirty members and five volunteers. My role was to provide a yearly meeting and express the needs and wants of members. Our main focus was to work activities around being socially active, offering mobility, safety, and sharing awareness around independence. I act as an advocate and a voice to make sure their requests are fulfilled.

I must also not only act as an advocate, but also be mindful that I am also legally blind and am aware of situations that need to be addressed, either with members or volunteers. As an active member I am more than rewarded on a daily basis when I hear the laughter and listen to members communicating and appreciating the moments.

On a special note, there was one occasion I was honoured to organise a personal trip to Darwin. This trip included eight friends, all vision impaired, and one volunteer to be able to assist with travel from Adelaide, on THE GHAN, to Darwin return. It was one of the most fortunate, most memorable experiences any of us could have ever asked for.

For the years that I have dedicated to myself and others, I have discovered so much about the importance of awareness. I have discovered not only my strengths but the possibilities and achievements and growth in everyone around me. The importance of support, understanding, safety, compassion, knowledge, and interaction for people living with blindness.

If I had to leave a legacy, it would be to leave behind some education and awareness about the importance of reaching out for help.

I am so proud of who I have become. I am very proud of what I have achieved and I'm grateful for each day I can direct people out of the darkness of trauma and into a life that still exists beyond blindness.

A Spotlight on…… Volunteer —Wendy Carter

For the past thirteen years, Volunteer Wendy Carter has been a regular face at the Beyond Blindness Social Centre and on various member activities and outings.

Since October 2009, Wendy has been volunteering with us, helping numerous individual members and groups.
"In May of 2009, I was retrenched from my job at Wakefield hospital and, due to a work injury, I wasn't able to be rehired", Wendy said. "It was a Centrelink condition that I needed to do either fifteen hours of paid or volunteer work per week."

It was through a fortunate coincidence that Wendy ultimately ended up volunteering at Beyond Blindness.

"I received a call from someone from The Blind Welfare Association (Beyond Blindness) selling raffle tickets. I said that I couldn't really afford to buy the book of raffle tickets, having just been retrenched from my job, but asked if they have any volunteer opportunities," she said.

"I was given the Volunteer Co-ordinators contact and, when I called, I was asked if I'd be willing to take one of the members shopping. After receiving sighted guide training, Wendy commenced assisting the member on a weekly basis with their shopping. This continued for more than four years.

"Shortly after, I then started working in the Social Centre every Monday, Wednesday, and Friday. I helped the members with Craft and Chat on Mondays and Wednesdays, as well as bingo and cross words," Wendy said.

When asked why she chose to devote her time to Beyond Blindness and our members, Wendy responded, "The main reason I picked Beyond Blindness is that my son is blind in one eye from a childhood accident. He was hit in the eye by a tree branch playing with a friend at school when he was in grade six."

Wendy is now very involved with Travel Club and has been the President for the past two years. "I would drive the Toyota buses on the trips but, since they've been replaced with the Mercedes buses, and due to the increased numbers, I now drive one of the cars," Wendy reflected.

"I was fifty-eight when I started at Beyond Blindness. When I was coming up to my sixty-fifth birthday, people were starting to say that they would lose me, but I only cut back one day," she said.

Three years ago, Wendy unfortunately experienced a serious health condition requiring her to undergo numerous tests and medical procedures. The condition, was ultimately diagnosed as an Auto-Immune Hepatitis that was destroying her liver, nearly cost Wendy her life.

"One week after arriving at hospital, they finally worked out that I had 24 hours to live, so they had to find me a donor liver which I am very grateful for", she said. Fortunately, Doctors did find a donor liver and Wendy received a transplant in October 2019.

"It was an emotional rollercoaster, I nearly died. If somebody else hadn't died, I wouldn't have been saved," Wendy said.

"It let me keep doing what I'd been doing, helping people. When I got sick, I got lots and lots of messages and well wishes from everyone at Beyond Blindness," she said.

Wendy has two adult sons, Tim, and Michael, who Wendy says are as different as chalk and cheese, and a three-year-old grandson.

Although her dedication to her work at Beyond Blindness doesn't leave her much spare time, Wendy does manage to pursue her other passion in life, that being gardening.

"Gardening is my hobby but, due to my age and health, I have someone come in once a fortnight to help me with the heavy lifting."
Of her volunteer work at Beyond Blindness Wendy says, "What I get out of it is that I enjoy helping people and it makes me feel good."
Wendy continues to do one day per week at Beyond Blindness along with her monthly involvement with Travel Club.

Volunteer Wendy Carter dressed up to the nines

Oaks Liberty Apartment

Whether it is just an overnighter or for a week, many members have taken the opportunity to stay in our Oaks Liberty Towers apartment in Glenelg. The fully self-contained 2-bedroom apartment is the perfect place to relax, unwind and enjoy a break. A 3-night stay will cost you $120 with any extra nights costing $80 per night. Members can stay in the apartment for a total of 7 nights per year at this ridiculously reduced rate.

To ensure fairness only one stay during a peak period such as Easter, Christmas and New Year's Eve is permitted.

If you are considering a stay or have any queries, please give the Beyond Blindness office a call on 8367 6088 or email info@beyondblindness.org.au

" Marek captured several amazing photographs of our members during their beach walks and hikes."

Vale Marek Wachsberger

It is with a heavy heart that we inform of the recent passing of devoted Beyond Blindness Volunteer, Marek Wachsberger in May after a long battle with cancer.

Marek will be remembered as a wonderful, empathetic, and compassionate person who always went out of his way when it came to helping our members. He was always willing to give our members the opportunity to enjoy life and engage in some real-life adventures.

Being a nature lover and avid photographer, Marek captured several amazing photographs of our members during their beach walks and hikes.

He started as a Volunteer driver in 2018 and, approximately three years ago, began the very popular Wednesday Walking Group. Marek was an inspiring and caring member of our Volunteer team and will be dearly missed by all at Beyond Blindness.

Social Activities Photo Gallery

A sumptuous lunch during the Barossa Trip

Members focusing on the Line Dancing instructions at Gilles Plains

Member Lucy with volunteer David practicing her shots at Golf

A toast to our lovely ladies from the Western Group

Members having a chat at the Bowling alley

Social Activities Photo Gallery

Vicky and Pekka in competition

Members Teresa (left) and Susan (right) showing off their baskets at Wednesday Craft

Aviation Museum Tour

Woodcarvers Haven at Eden Valley

Members and Volunteers from left Wayne, Joan, Ann-Marie, Maxine and Carol at the Northern Office Opening

"Eye Contact" is a Newsletter for Members of Beyond Blindness

Beyond Blindness (previously Blind Welfare Association of SA Inc) has been serving its members for over 80 years.

OTHER SERVICES PROVIDED:

- Transport for medical appointments
- Personal shopping assistance
- Grocery shopping assistance
- Social support home visits

Editors Comments

I hope you enjoyed this edition of your Beyond Blindness Magazine.

If you would like to make a contribution to our next edition, please forward it on to the Beyond Blindness office or call
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Beyond Blindness
Supporting Independence and Inclusion for Blind South Australians

SOCIAL ACTIVITIES **TERM 3, 2022**

Tue - Fri, 16 - 19 Aug	Burra Trip		Burra
Central			
Date, Day	**Activity**	**Time**	**Venue(s)**
Mon 1, 8, 15, 22, 29 Aug	Gentle walk followed by lunch	10am-2.30pm	Mawson Lakes Oakden Park Westlakes Semaphore
Tue 2, 9, 23, 30 Aug	Golf Club followed by lunch	10am-2pm	Valley View Golf Course
Tue 2, 9, 23, 30 Aug	Line Dancing - Customised for members	1.30pm-2.30pm	Gilles Plains
Wed 3, 10, 17,24, 31 Aug	Activity 1 - Craft & chat Activity 2 - Wed 7km walks	10am-1pm 9.30am-3pm	Gilles Plains Various locations
Wed 3, 17, 31 Aug	Bingo	1pm-2pm	Gilles Plains
Thu 4 Aug	10-pin bowling @ Woodville + 540 Lunch	10.30am-2.30pm	Woodville Tavern 540
Thur 11 Aug	Trip to Gumeracha	10.30am-3pm	Gumeracha
Thur 18 Aug	Lunch @ McQueens Hotel (Subj to Min nos)	12 - 2.30pm	Angle Park
Thur 25 Aug	Wittunga Gardens. Lunch Belair Htl	10am-4pm	Blackwood
Fri 12, 26 Aug	Friday Hike	9.30am-3pm	Various locations
Fri 26 Aug	How to Use Your Device Workshop	10.30am-12noon	Gilles Plains
Sat 13 Aug	Travel Club	9am onwards	Adelaide Gaol. Royal Oak Hotel, North Adelaide
Sun 21 Aug	Playford Country Music Club **(Community Activity)**	9am onwards	Elizabeth Downs SA

SOCIAL ACTIVITIES **TERM 3, 2022**

West			
Day, Date	**Activity**	**Time**	**Venue**
Sat, 6 Aug	Walk & Lunch	10am - 5pm	St Kilda Hotel
Sun, 14 Aug	Lunch and Music	11am - 5pm	Palais Hotel Semaphore
Fri, 12 Aug	Walk & Lunch	10am - 4pm	Lockleys Hotel Fulham
North			
Day, Date	**Activity**	**Time**	**Venue**
Fri 5, 19 Aug	BB Gawler Group	9:00 -3:00	
Wed, 24 Aug	Lunch	11am - 2pm	Southern Hotel in Gawler
South			
Day, Date	**Activity**	**Time**	**Venue**
Tues, 2 Aug	Social Catch Up, Marcia Mitton Soloist singer	10.30am-12.30pm	Woodcroft Christian Centre
Wed, 10 Aug	Blackwood Coffee N Chat	10.30 – 12pm	Akkerman & Dyer Wood Oven Bakery
Tues, 9 Aug	Southern Craft Group	10.30-1pm	Southern Office Clements Tce Christies Beach
Tues, 16 Aug	Southern Bus Outing	10am – 3.30pm	TBC
Mon, 29 Aug	Southern Conversation Corner	1.30pm – 3.00pm	Venue alternates around Glenelg
Every Tuesday	Victor Men's Coffee N Chat	10am	The Crown Hotel Victor
Mon, 8 Aug	Victor Harbor Talking Book Club	10.30 am	Victor Harbor Library
TRIP			
Mon- Thur, 26 - 29	Peterborough Trip		Peterborough

SOCIAL ACTIVITIES Central		TERM 3, 2022	
Date, Day	**Activity**	**Time**	**Venue(s)**
Mon 5, 12, 19, 26 Sep	Gentle walk followed by lunch	10am-2.30pm	Mawson Lakes Oakden Park Westlakes Semaphore
Mon 19 Sep	Fishing Trip @ Torrens River	10am-3pm	Torrens River
Tue 6, 13, 20 Sep	Golf Club followed by lunch	10am-2pm	Valley View Golf Course
Tue 6, 13, 20, 27 Sep	Line Dancing - Customised for members (Subj to min nos)	1.30pm-2.30pm	Gilles Plains
Wed 7, 14, 21, 28 Sep	Activity 1 - Craft & chat Activity 2 - Wed walks	10am-1pm 9.30am-3pm	Gilles Plains Various locations
Wed 14, 28 Sep	Bingo	1pm-2pm	Gilles Plains
Thu 1 Sep	10-pin bowling @ Wdville & Lunch @ 540	10.30am-2.30pm	Woodville Tavern 540
Thur 8 Sep	Paracombe Perry Trip	9am - 3pm	Murphy Road Paracombe
Thur 15 Sep	Parliament House OR Treasury Tunnels + Lunch @Windmill Htl	9.30am - 3pm	City
Thur 22 Sep	Parliament House OR Treasury Tunnels + Lunch @Windmill Htl	9am - 2.30pm	City
Thur 29 Sep	Lunch Outing (Subj to Min Nos)	11am-2.30pm	Lighthouse/ Clovercrest/ Indian Temptation

SOCIAL ACTIVITIES **TERM 3, 2022**

School Holidays - 1 to 15 October 2022

Central			
Date, Day	**Activity**	**Time**	**Venue(s)**
Mon 17, 24, 31 Oct	Gentle walk followed by lunch	10am-2.30pm	Various locations
Tue 18, 25 Oct	Golf Club followed by lunch	10am-2pm	Valley View Golf Course
Tue 18, 25 Oct	Singing @ ECH (Community Activity)	11am-12.30pm	The Windsor Hotel (TBC)
Wed 19, 26 Oct	Activity 1 - Craft & chat Activity 2 - Wed walks	10am-1pm 9.30am-3pm	Gilles Plains Various locations
Wed 26 Oct	Bingo	1pm-2pm	Gilles Plains
Thu 20 Oct	10-pin bowling @ Woodville + Lunch 540	10.30am-2.30pm	Woodville Tavern 540
Thur 27 Oct	Tram to Glenelg. Lunch @ Watermark Hotel	10am-3.30pm	City
Fri 7, 14 Oct	Friday Hikes (Antsy Hill/ Cobbler's Creek/Fox Hill/ Amber's Gully)	9.30am-3pm	Various locations
Fri 21 Oct	Oktoberfest	11am-2.30pm	Gilles Plains
Fri 28 Oct	How to Use Your Device Workshop	10.30am-12noon	Gilles Plains
Sat 8 Oct	Travel Club AGM		
Sun 16 Oct	Playford Country Music Club **(Community Activity)**	9am onwards	Elizabeth Downs SA
West			
Date, Day	**Activity**	**Time**	**Venue**
Sat,1 Oct	Walk & Lunch	12.pm	Orange Spot Bky. Glenelg
Sun, 9 Oct	Lunch & Music	11.am - 4.pm	Palais Hotel. Semaphore
Fri, 21 Oct	October fest beer & lunch	10.30am	Gillies Plains

SOCIAL ACTIVITIES **TERM 3, 2022**

North			
Day, Date	**Activity**	**Time**	**Venue**
Fri 14, 28 Oct	BB Gawler Group	9:00 -3:00	
Please note :			
* All activities are subject to change and a minimum number of sign up			
*Transport might be provided for members living within predetermined radius. For members who are living outside of the radius, alternative central pick up locations can be arranged, subject to availability			