

Beyond Blindness Magazine



Inside this issue

Important Notice	2
Message from the Board	3
From the Manager	5
Around the Office	7
Sector Update	9
Adaptive Tech Corner	10
A Spotlight on	11
Important Member Notice	15
Poet in our Midst	17
Letter to Editor	18
Editor's Comment	19
Activities Program	20

Special points of interest

- Cancellation of Christmas functions
- Deidre Gavros celebrates 25 Years Service
- Spotlight on Volunteers Catherine & Gunter Bottcher & Member Leonore Scott
- Scam Alert awareness
- COVID Vaccination Certificate helpful information

Last Edition for 2021

Welcome to the last edition for the year of our Beyond Blindness Magazine.

A lot has happened over this year as you will read below and you will also be kept up to date with everything that pertains to Members and the services being provided.

The Footy Season is well and truly behind us for now and Christmas is heading our way fairly quickly, or so it seems.

May I take this opportunity to wish everyone all the best for the Festive Season. Thanks to those of you who attend on Wednesdays who say I make the best sandwiches ever, which makes getting up out of my bed, before the birdies get out of their nests, worth it, so I can get into the kitchen to prepare everything.

Leonore Scott, Editor



Important Notice from the Beyond Blindness Manager

Due to a number of factors around Covid19 issues, we have made the difficult but cautious decision to postpone all Member, Staff and Volunteer Christmas events this year. We appreciate that this will be disappointing news to all. We intend to start afresh and hold these events in the New Year when we have greater clarity around the ramifications of the new Covid variant and the effect of the State border opening.

Despite the Covid pandemic and challenges we have all had to face, 2021 has been a year of growth and new activities for Beyond Blindness. Hopefully, the new year will bring us all some good news on Covid.

I would like to take this opportunity to thank my staff and all our wonderful volunteers who have supported our Members in 2021. I wish all our staff, volunteers, Members and your families a Happy and safe Christmas.

Jim Colligan, Manager



Strategic Planning for the future

In previous editions of the Beyond Blindness Magazine, I reported that the Board had agreed to embark on some forward-looking Strategic Planning work, the objective of which is to develop a plan that positions Beyond Blindness as a sustainable, effective, and responsive organisation within the Blindness and Disability sector into the future.

Message from the Board

As 2021 draws to a close, and Christmas fast approaches, I would like to take this opportunity to thank our dedicated Board, management, staff and Volunteers for their hard work and dedication over the past year. I look forward to our continued work together as we grow and expand our services for all Beyond Blindness Members into 2022 and beyond.

Our 2021 Annual General Meeting (AGM) was held on 30th October at our newly established Southern office at Christies Beach. Those in attendance had the opportunity to experience the new facility first -hand, with approximately thirty Members and staff participating.

Nominations for Membership of the Board were called for, with two nominations being received from existing Board Members, resulting in no requirement for an election. Following this, Maureen Montes was appointed to the position of Deputy Chair, Leonore Scott retained the position of Secretary, and I was returned to the position of Board Chair.

We were once again incredibly pleased to report that Beyond Blindness finished the Financial Year in a strong financial position, whilst continuing to expand our services across the Adelaide metro region and into regional areas.

"thanks to our dedicated Board, management, staff and Volunteers for their hard work and dedication over the past year"



As reported in our recently released 2020-21 Annual Report, the current Board of Beyond Blindness is committed to creating and maintaining a viable financial income stream to ensure the Association's sustainability well into the future. To this end, the Board introduced the part-time position of internal Marketing Consultant in early 2021 to the staffing structure. The purpose of this position is to develop and implement initiatives to increase brand awareness and community involvement, Member communications and engagement, and the development and implementation of sustainable fundraising and income generation strategies.

Continued....



Happy Christmas

On behalf of the Beyond Blindness Board, management and staff, I would like to wish everyone a happy and safe Christmas and productive New Year.



Message from the Board (continued)

In-line with the ongoing evolution of this strategic approach to growth and sustainability, the board of Beyond Blindness is also pleased to announce that we have purchased a two storey Commercial Building at 516 Lower North East Road Campbelltown.

The premises are currently leased at a competitive commercial rate yielding positive returns for the organisation. This property has been purchased with future service development and financial sustainability for the Association in-mind. Over coming years, we will review our assets to maximise returns to fund ongoing expansion of services and activities for the benefit of our Members. The Association is very appreciative of a number of generous bequests that have facilitated the purchase of this building, whilst at the same time, maintaining our centre at Gilles Plains.

In closing, on behalf of the Beyond Blindness Board, management, and staff, I would like to wish everyone a happy and safe Christmas and productive New Year. We look forward to 2022, as we work towards further positive growth for the benefit of all Beyond Blindness Members, now and into the future.

Tony Starkey Chairperson

"Over coming years, we will review our assets to maximise returns to fund ongoing expansion of services and activities for the benefit of our Members"





From the Manager

As we take time to look back over the year that was, 2021 proved to be a remarkably busy and productive year for Beyond Blindness and our Members.

At our recent Annual General Meeting (AGM), we reported that Beyond Blindness ended the Financial Year in a strong financial position, enabling us to continue to grow and expand services to Members across metropolitan Adelaide and near regional areas.

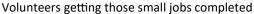
Restructuring and efficiencies gained through technology have enabled us to reduce administration costs while growing our volunteer numbers from eighty-five to over 120 as well as adding dedicated resources to support new groups in the North and West of Adelaide.

Throughout the year, our volunteer small jobs program has continued to expand, and we have assisted in running more social trips and outings for Members living across the Metropolitan area. The introduction of overnight social trips to regional SA has also proven to be extremely popular with Members. These programs will continue to expand in the coming year.

Dedicated Southern Centre at Christies Beach

For the first time we can now support our southern Members with a dedicated southern centre at Christies Beach. This new centre, along with a vehicle kindly donated by The Honda Foundation, will help cater for our small groups and assist with the coordination of local volunteer training in the south.







Blind Sporting Community

This year also saw Beyond Blindness assisting our friends in the blind sporting community, with our buses and volunteer drivers and other support for blind sporting events whenever possible, including the National Blind Golfing Championships held in Adelaide in May and, coaching camps in conjunction with Blind Cricket SA.

We plan to continue this support into the future and foster a stronger affiliation with Blind Sports in SA.



From the Manager continued

Development of our new Community Education Program and accompanying instructional video, progressed significantly during the year. This will initially be delivered to the many Volunteers and staff running Local Government community programs across the State. This project will assist in raising the profile of Beyond Blindness, educating the public to the needs of people living with blindness and promoting safe guiding techniques. It is hoped that new opportunities will open for Members to access the vast assortment of local government community programs once this training has been rolled-out in coming months.

2021 has been an exciting year for Beyond Blindness as we position ourselves for further expansion of member services, whilst continuing to maintain our strong financial position. New roles for existing staff and the recruitment of new part-time staff, Jessica Mudge and

Marian Phuah, as Business Support Officers, will assist in supporting our Members. Additionally, the appointment of Jayson Hanrahan as Marketing consultant will help to raise the community profile of Beyond Blindness in future years.

Thank you to our Board of Management, our resolute team of staff and our growing team of Volunteers who continue to make things happen for our Members. I would also like to take this opportunity to wish all our Members a very merry Christmas and happy and productive New Year.

Jim Colligan Manager



Celebrating 25 years with Beyond Blindness

Having recently celebrated her twentyfifth anniversary,
Deidre Gavros
shares some
thoughts and memories of her career
with Beyond Blindness spanning a
quarter of a century.



Around the Office



Deidre Gavros

3 September 1996 to 3 September 2021



THEN NOW

"Twenty-five years...it seems like such a long time, and I was happy to have reached this milestone working at Beyond Blindness. When I reflect on my time here, I have to say I am immensely proud of myself and what I have achieved," Deidre said.

Before coming to work at Beyond Blindness, Deidre had a number of different career paths she could have pursued. "I was accepted into the Navy and, whilst waiting for the next intake I met 'the man of my dreams' and changed my mind about leaving for Canberra, a decision my Mum was not impressed with. I later worked at Chateau Moteur in the spare parts office where I got to drive the odd Porsche, as well as quite a few years in Kmart before and after having children, doing everything from checkouts to Pay Office," she said.

Continued.....

What Beyond Blindness does is Special

"I have loved being part of a team that strives to provide the best service to our Members, and I take pride in knowing that I may have made a positive impact on someone's life.

What Beyond Blindness does is special, and I still do not think enough people know that."



Around the Office

Deidre Gavros—25 Years of Service continued...

Deidre joined Beyond Blindness early in 1996 where, as a volunteer, she found herself reading out material for Members onto cassette tapes and doing data entry in the lotteries department. She was then offered casual employment in reception.

"This role saw the trajectory of my life change and I was able to work around being a mum to my two young children. In early 1998 I was encouraged to apply for the position of Telemarketing Supervisor. I stayed in this position for a year before going back to reception. Later, I was promoted to Personal Assistant to the Manager and Secretary for the Board of Management before overseeing the running of the office as Administration Coordinator."

Over the course of her career with Beyond Blindness, Deidre has experienced quite a significant amount of change, both personally and within the organisation.

"I have seen the divestment of the aged care facilities, the closure of the Recycling Operation and the Lotteries Department as well as a few location changes. The last big move from Modbury North back to Gilles Plains in 2010 sticks in my mind and was certainly not without its challenges. All activities were moved to RSB, and the business operated out of the exceedingly small Marney Pearce Lounge whilst we waited for the renovations to be completed," she said.

Fast-forward and 2021 sees Deidre taking on yet another challenge in her new role of Member Engagement Officer, working to support and develop new opportunities for Beyond Blindness Members in the Northern and Western regions.

"It's like no other role I have had before, but I am learning as I go and plan to give it my best shot, as I have always done over the past 25 years in everything I do at Beyond Blindness" she said.



Sector Update

Vision 2020 Australia, the national body working in partnership to prevent avoidable blindness and improve vision care, announced in August the appointment of new Chief Executive Officer, Ms Patricia Sparrow.

Ms Sparrow commenced in the role on 27 September 2021, joining Vision 2020 Australia from the peak body for non-profit aged care providers, Aged and Community Services Australia (ACSA), where she had been CEO for the previous five years. Prior to this Patricia worked in consumer health advocacy, in departmental roles and as a senior adviser to Federal Government ministers.

Vision 2020 Australia Chair, the Hon Christopher Pyne, welcomed Ms Sparrow's appointment as exciting news for the eye health and vision care sector.

"Ms Sparrow commenced in the role on 27 September 2021, joining Vision 2020 Australia from the peak body for non-profit aged car providers..."

"Her experience, alongside a deep understanding and passion for health equity means she is well placed to deliver for our Members.

"She is very experienced at political and policy advocacy, having steered ACSA through the most turbulent period in its history including the Royal Commission into Aged Care Quality and Safety.

"This combination of expertise, strategic acumen and strong national networks will allow her to continue and expand our organisation's influence," Mr Pyne said.

Mr Pyne also paid tribute to outgoing CEO Judith Abbott, who has been in the role since June 2018.

"Judith has led Vision 2020 Australia with clarity, purpose and enthusiasm through a period of considerable change. Her contributions to the sector have been highly valued by Members, funders and other partners and, on behalf of the Board, I wish her all the best as she moves into the next phase of her career," he said.

<u>For more information on Vision 2020 Australia, visit their website at</u>

http://www.vision2020australia.org.au



Patricia Sparrow – CEO

Adaptive Tech Corner

How to Use Your Device Workshop

In response to a number of requests, and in-line with our plans to promote assistive technology more widely among Beyond Blindness Members, our first "How to Use Your Device Workshop" was recently held at our Gilles Plains Social Centre.

Facilitated by tech-savvy Volunteers, Michael and Nathan, Members gathered for a personalised workshop to learn how to use adaptive technology on their devices, particularly their Smart phones. To enable adaptive technology, our Volunteers helped Members to update the relevant aps on their devices, set up Wi-Fi, installed a short cut for Voice-Over and activated SIRI.





"Michael and Nathan are just lovely and so patient. It makes me feel so happy to be able to get help with my devices".

Members were also instructed on how to access useful assistive features on their devices as well as how to use the many handy built-in functions they offer.

Beyond Blindness Member Lois, who attended the session, expressed how pleased she was with the assistance provided by our Volunteers. She was particularly grateful for the consideration and care they showed to Members in helping them to become accustomed to their devices.

"Michael and Nathan are just lovely and so patient. It makes me feel so happy to be able to get help with my devices. I hope to learn how to transfer some photos from my phone to USB at the next session," Lois said.

Due to the popularity and success of the workshop, Beyond Blindness plans to continue holding these sessions on a regular basis. For any Members interested in attending one of the future sessions, please call us on 83676088 to sign up or to find out more.



Dean being assisted by Nathan with his mobile phone

Volunteers Catherine and Gunter Bottcher

Volunteering at Beyond Blindness has become quite a family affair for the Bottchers. Catherine and Gunter Bottcher have been Volunteering with Beyond Blindness for more than sixteen years, having commenced with us in 2005.

Both Gunter and Catherine joined the Beyond Blindness family after retiring, Gunter in 2003 followed closely by Catherine in 2004.

"When I retired, due to a Centrelink requirement, I needed to either apply for jobs or Volunteer," Catherine said.

"I was quite impressed with the people I met and what they did"

"We approached Northern Volunteering, and one of the options they had available was with Beyond Blindness. We also knew John Bastiaans from church, who we knew was a Beyond Blindness member," she said.

Gunter, who was born in Germany and immigrated to Australia in 1956, Volunteered with St. John Ambu-



lance, delivering first aid training for twenty-eight years. It was while delivering one such training session that Gunter had the opportunity to visit the Beyond Blindness Gilles Plains centre and meet some of the staff and Volunteers.

"I was quite impressed with the people I met and what they did," Gunter said.

Catherine commenced Volunteering three days per week in the Beyond Blindness office, undertaking reception duties, and assisting with administration and other office tasks. "When my grandchildren were younger, they would also come in with me to help and Deidre would put them to work stuffing envelopes or helping out with other small jobs around the office."

Continued.....

Volunteers Catherine and Gunter Bottcher continued

Gunter, having experience as a courier driver throughout Adelaide, as well as possessing licences to drive a variety of heavy vehicles, was immediately put to work driving the Beyond Blindness busses. He also took it upon himself to keep the small fleet of vehicles clean and well maintained.

In addition to his driving duties, Gunter also spent time in the lotteries department, sending out lottery ticket books and managing the returns. In 2018 Gunter was recognised for his significant contribution when he was nominated by the Board Chairperson, Mr Tony Starkey, for inclusion on the Beyond Blindness Honour Board.



"Sharing your time with someone else......it makes an enormous difference"

Catherine and Gunter are now very involved with the Travel Club. They spend one Saturday each month assisting club Members on various day trips throughout SA and they now both hold positions on the Club committee.

"I first got involved with the Travel Club acting as guide on trips when Gunter was driving the bus," Catherine said.

Catherine is now Club Treasurer and Transport Coordinator and, with Gunter's extensive knowledge of Adelaide roads, they collaborate on all aspects of transport and trip arrangements.

"In other words, I tell them politely where to go," Catherine said with a chuckle.

"We have about thirty-six Members in the Club, so we're lucky to have use of both the Beyond Blindness buses and two cars. The Committee now have our meetings at each other's homes on a Saturday afternoon," she said.

When asked the question, what do you get from Volunteering with Beyond Blindness, Catherine replied:

"It's the feeling of doing something for others and seeing the enjoyment on people's faces. We've made a lot of friends, people who have become an important part of our lives."

To anyone considering Volunteering with Beyond Blindness, Gunter and Catherine have this advice:

"Go for it, you get more out of it than what you give. Sharing your time with someone else... it makes an enormous difference."



Member—Leonore Scott

With a flair for cooking and a generosity of spirit, Leonore Scott has become a well-known and much-loved member of the Beyond Blindness family, and not just for her scrumptious sandwiches, beautiful cakes, and rum soaked cherries.

Born in Traralgon in the Gippsland Region of Victoria to a Polish father and Scottish mother who had immigrated to Australia following the second World War, Leonore was the middle child of three. She was born with Albinism effecting, among other things, her eyesight, rendering her legally blind since birth.



When it came to beginning formal education, Leonore's parents arranged for her to attend the Royal Victorian Institute for the Blind (RVIB) in Melbourne. On their first visit to the school and boarding facility, her Parents were very unimpressed with the environment, feeling that it was too institutionalised. Her mother decided, right there on the spot, to homeschool Leonore, which she then did up until year eight.

The family then moved to Woomera, South Australia 1960. Although Leonore did attend the school in Woomera, she continued her education via correspondence as the local school would not permit her to attend full-time – she was only allowed to attend school in the afternoon to socialise with the students.

Leonore finished formal schooling at the age of 16 after completing year eight. She then went to work in the local Army Services Canteen Organisation (ASCO) where she developed food preparation skills. She then transferred to the supermarket section where she worked serving customers and stacking shelves.

"At that time, there was a brand of toilet paper called Lady Scott, so they would call me Lady Scott in the supermarket," Leonore said.

Leonore continued to work until the age of twenty-two, by which time she had married and was expecting her first child.

Shortly after the arrival of her second child two years later, Leonore and her family moved to Adelaide due to her husband's work ending in Woomera. Unfortunately, not long after moving to Adelaide her marriage came to an unexpected end, leaving Leonore on her own with two small children.

Continued....

Member—Leonore Scott continued...

Never one to feel sorry for herself, Leonore managed to get some part-time employment working in a factory that produced pork pies. A brief time later, she decided to sell-up in Adelaide and move to the Barossa.

"I never thought I would be able to use a computer, but I attended the Nuriootpa TAFE," Leonore said.

"I learnt to use Word Star that could enlarge the font and completed my certificate in Commercial Studies.

"I just love cooking, it's a hobby, the creativity of it".

Leonore then began volunteering at Technical Aid for the Disabled (TAD), based at the RSB complex at Gilles Plaines.

"I used to catch a bus at 6.30am to go and volunteer once a week," she said.

She was then offered work there helping to set up a computer loan program that assisted members to participate in an on-line bulletin board network for people with disabilities called Common Ground.

When this contract finished, Leonore then went to work in the former Blind Welfare nursing home until it was sold. She then commenced volunteering with Beyond Blindness and the rest, as they say, is history.



Leonore is now an integral part of the Beyond Blindness team; she was elected to the Board in 2004 and now holds the position of Board Secretary, as well as being Editor of the newsletter.

Apart from attending monthly Board meetings, Leonore can be seen every Wednesday at the Beyond Blindness Gilles Plains Social Centre.

"I get up at 5.00am to get there in time to have everything ready to prepare food for the members," she said.

As well as making some of the most delicious sandwiches, Leonore regularly brings in homemade cakes and slices, much to the delight of Members and staff, and her rum soaked chocolate cherries are always a big hit.

"I like experimenting with new recipes and often bring in new things for people to try. I also like to bring in cakes for people's birthdays," she said.

"I just love cooking, it's a hobby, the creativity of it."

Important Member Notices

SCAM ALERT

It seems that there is always some sort of a scam going around. Perhaps you or someone you know has had a phone call from someone and it just didn't seem right? The caller asks lots of questions that seem a bit too personal or they ask about a car accident you were involved in recently or they tell you that your computer has a virus? Scammers use all kinds of sneaky approaches to steal your personal details. Once obtained, they can use your identity to commit fraudulent activities such as using your credit card or opening a bank account. Here are some current scams and what to think about:



<u>Unexpected missed calls from overseas</u>

In these scams, a scammer will call you and let it ring once then hang up without leaving a message, so a missed call will appear on your phone from an international number. If you call the number back, you may be put on hold, hear music playing or the scammer could try and chat with you. The scammer's objective is to keep you on the line for as long as possible as your call will be charged at a premium rate.

Protect yourself tips:

- If you receive an unexpected missed call from an international number you don't recognise, ignore it
- If you are receiving repeated missed calls, block the number
- Consider blocking international calls on your mobile. This prevents you from accidentally calling an unknown international number
- When dealing with uninvited contacts from people or businesses, whether it's over the phone, by mail, email, in person or on a social networking site, always consider the possibility that the approach may be a scam
- Do not open suspicious text or emails delete them
- Verify the identity of the contact by calling the relevant organisation directly – find them through an independent source such as a phone book or online search. Do not use the contact details provided in the message sent to you

- Never send money or give credit card, online account details or copies of personal documents to anyone you don't know or trust
- Choose passwords that would be difficult for others to guess and update them regularly. Don't use the same password for every account and don't share them with anyone
- Secure your networks and devices with anti-virus software and a good firewall. Avoid using public computers or WiFi hotspots to access or provide personal information
- Be very careful about how much personal information you share on social network sites. Scammers can use your information and pictures to create a fake identity or to target you with a scam
- When making online payments, only pay for items using a secure payment service

 look for a URL starting with 'https' and a closed padlock symbol or a payment provider such as PayPal
- Put a lock on your mailbox and shred or destroy any documents containing personal information before disposing of them
- Spread the word to your friends and family to protect them

Scams don't just target the gullible and inexperienced. People from all walks of life can fall victim if the timing is right and the story is convincing.

Important Member Notices

COVID VACCINATION CERTIFICATES

If you have been experiencing difficulties in accessing your COVID vaccination certificate, we hope the following clarifies any questions you may have around the certificate(s), the distinct types and where you can go to get your copy and any help if required.

Three different Certificates

- ⇒ The COVID-19 immunisation certificate in some states this may be required to enter venues.
- ⇒ The immunisation history statement a statement that shows all your immunisations and therefore acts as proof for the COVID-19 vaccination, when required.
- ⇒ The International COVID-19 Vaccination Certificate (ICVC) a free and secure way to prove your COVID-19 vaccination history when you travel overseas. Unlike the other certificates, this certificate is recognised internationally.



Australian Government

Services Australia

Accessing your certificate digitally

Several days after your second vaccination, a digital vaccination certificate should be generated for you. You can access this online via Medicare on your myGov account or with the **Express Plus Medicare app.** If you use your myGov account, you will need to ensure that your Medicare account is linked to it. Instructions on how to do this are here: **Getting help during coronavirus (COVID-19) – How to get proof – Services Australia**

You can also see your digital certificate in My Health Record.

You should allow up to 10 days for the certificate to show in your digital account(s), and you will normally be notified by an email.

There are also several ways to save your certificate on your mobile phone:

- ⇒ You can add your COVID-19 digital certificate to your digital wallet on your phone.
- ⇒ If you're using the Express Plus Medicare mobile app, you can **save it to your offline files** in the app.
- ⇒ Add it to your Apple Wallet or Google Pay **click here** for instructions.
- ⇒ Save your certificate in your states COVID check in app click here for instructions.

Accessing a physical copy of your certificate

If you do not use online services, then you can ask your vaccination provider to print your immunisation history statement for you. Alternatively, you can call the Australian Immunisation Register on 1800 653 809, Monday to Friday 8 am to 5 pm and ask for them to send your certificate to you. Please allow up to 14 days for your statement or certificate to arrive in the post. You can also visit a Services Australia service centre, click here for locations. If you choose this option, make sure you have several pieces of identification with you, to get your certificate.

A Poet in our Midst

Beyond Blindness Member Corrina Gordon (AKA Corri Jayne) has a gift for poetry. She wanted to share the following poem about the devastating Ash Wednesday Bush Fires of 1983, that she wrote when she was just sixteen, as a reminder of the perils of Summer in Australia.



Hundreds of fire fighters
Were trying to save the bush land,

Just imagine being
Trapped in a bush fire,
Watching the flames,
As they reach higher and higher.
The sound of a deafening explosion
As it echoes through the air
And the screaming of people,
As they fight to save what is there.
As the flames reach out,
Grabbing anything in their way,
People are watching in horror,
Not knowing what to say.

A man reporting to his radio station, Watched his home burn to the ground. Terrified and filled with heartache, He broadcasted the news around. As I imagine the fires, Roaring through the place, I can hear people collapsing, With blistered hands and face. Houses were being evacuated, People knowing it may be goodbye, Then during the odd moment, You hear one last cry.

Hundreds of fire fighters
Were trying to save the bush land,
But the fires were still raging,
Until there was nothing left to stand.
People were taken to hospital,
Treated for their burns,
Others were treated for smoke inhalation,
Now have returned,
Only to find they have no home,
Their hearts are filled with despair,
But people in other places
Showed their love, concern, and care.

I love sitting by a fire, Rugged up nice and tight, But what I've heard today, Has given me such a fright. I feel for those who have lost Their homes, and a loved one, I'll never forget today's fires, The Damage they have Done.

by Corri Jayne (Corrina Gordon)





Oaks Liberty Apartment

Whether it's just an overnighter or for a week, many Members have taken the opportunity to stay in our Oaks Liberty Towers apartment in Glenelg. The fully self-contained 2-bedroom apartment is the perfect place to relax, unwind and enjoy a break.

A 3-night stay will cost you \$120 with any extra nights costing \$80 per night.

Members can stay in the apartment for a total of 7 nights per year at this ridiculously reduced rate. To ensure fairness only 1 stay during a peak period such as Easter, Christmas and New Year's Eve is permitted. If you are considering a stay or have any queries, please give Deidre Gavros a call at the Beyond Blindness office on 8367 6088.

Letters to the Editor

Riverland Rest and Relax Trip

I would like to sincerely thank Trudy for all the effort she put into making the trip to Barmera memorable and the two Volunteer Drivers, Brian and Pekka who could not do enough for us too.

The cabins were excellent, the organised trips were fun and enjoyable.

As an on looker the highlight of our trip was when 8 of the Members went on paddle boats and they all ended up in the lake!!! They all laughed.

Thank you Trudy and I'd love to go on another trip in the future with you.

Kath Murrell



"Eye Contact" is a Newsletter for Members of Beyond Blindness

Beyond Blindness (previously Blind Welfare Association of SA Inc) has been serving its Members for over 80 years.

Editors Comments

I hope you enjoyed this edition of your Beyond Blindness Magazine. If you would like to make a contribution to our next edition, please forward it on to the Beyond Blindness office or call 8367 6088.

Beyond Blindness

(formerly Blind Welfare Association)

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Beyond Blindness Social Activities Term 1, 2022 – Central

A detailed calendar style Term 1 Program will be available early December. Please contact the office for a copy to be sent via email or post. Members are welcome to participate in any of the activities listed below. If you should be located outside of our pickup perimeter for the region you will be required to arrange alternate transportation or pickups can be made at a pre-arranged Pickup Point.

Activities are expected to begin on 17 January 2022.

January to March 2022 (subject to change)

Day	Time	Venue	Activity
Every Monday	10am-2.30pm	Oakden Park & Lakeside Café and Alternating Venues	Walking/Café Group Lunch to be decided by the group
Every Tuesday	10am-2pm	Gilles Plains Centre	Beyond Blindness Performers
Every Tuesday	10am-2pm	Valley View Golf Course	Golf Club
Every Wednesday	10am-1pm	Gilles Plains Centre	Craft & Chat
Alternate Wednesdays	1pm-2pm	Gilles Plains Centre	Bingo
Every Thursday	12pm-2.30pm 10am-2.30pm 9am-4.30pm	Various Venues The Palais Brighton Sculptures by the Sea	Lunch Outings Day Trips or Full Day Trips
Every Friday	12pm-2.30pm	Various Venues To Be Advised	Outer Suburbs Lunch Outings. North, West & South
Saturday monthly	12pm-2.30pm	Various Venues To Be Advised	Lunch Outings (Starting from Feb 2022)



Beyond Blindness Social Activities Term 1, 2022 – Southern

Members are welcomed to participate in any activities listed below if you are able to arrange transportation should you be located outside of our pick-up perimeter for the region.

January 2022

Date, Day	Time	Venue	Activity
Monday 31 st January	1.30pm-3.00pm	Mockingbird Lounge Café 68 Broadway Glenelg North	Southern Conversation Corner

February 2022

Date, Day	Time	Venue	Activity
Tuesday 1 st February	10.30am-12.30pm	Woodcroft Christian Centre 444 States Road Morphett Vale	Southern Social Group Morning tea provided
Wednesday 9 th Febru- ary	10.30am-12pm	Akkerman & Dyer Wood Oven Bakery – Blackwood	Blackwood Coffee N Chat
Tuesday 15 th February	10am-3.30pm	TBC	Southern Bus Outing
Wednesday 24 th Febru- ary	12.30pm	Southern Hotel TBC	Southern Men's Lunch
Monday 28 th February	1.30pm–3pm	Mockingbird Lounge Café 68 Broadway Glenelg North	Southern Conversation Corner
Every Tuesday	10am–11.30am	The Crown Hotel Victor Harbor	Victor Men's Coffee N Chat
Monday 14 th February	10.30am-12.30pm	Victor Harbor Library	Victor Harbor Talking Book Club

March 2022

Date, Day	Time	Venue	Activity
Tuesday 1 st March	10.30am-12.30pm	Woodcroft Christian Centre 444 States Road Morphett Vale	Southern Social Group Morning tea provided
Wednesday 9 th March	10.30am-2pm	Akkerman & Dyer Wood Oven Bakery	Blackwood Coffee N Chat
Monday 14th March	10.30am	Victor Harbor Library	Victor Harbor Talking Bookk Club
Tuesday 15 th March	10am-3.30pm	TBC	Southern Bus Outing
Wednesday 23 rd March	12.30pm-2.30pm	Southern Hotel TBC	Southern Men's Lunch
Monday 28 th March	1.30pm- 3.00pm	Mockingbird Lounge Café 68 Broadway Glenelg North	Southern Conversation Corner
Every Tuesday	10am	The Crown Hotel Victor	Victor Men's Coffee N Chat