

**Social Activities**

**TERM 4 2018 Part 1**

Term 4 will bring some changes to the Activity Centre at Gilles Plains. Check out the program for more outings such as 10 pin bowling, active walking, gentle walks, Café club, local lunches and a variety of day trips including Hahndorf, op shopping and lunches.

Some additions to the Centre Activity Program will be Yoga, modified Pilates, Melbourne Cup Luncheon and picnics in the park. Of course we will still have the old favourites like visiting entertainers, craft and bingo.

**Please always call the office to advise attendance and transport requirements for any activity or outing and any changes you wish to make to your attendance**

**Phone: 8367 6088**

**October** Week 1

**Monday 15th**

Cappuccino, Cake & Chat 10.30 – 12.00

**$2.00 + $3.00 Attendance**

Social Group 12.00 – 3.00 - **Attendance $3.00**

Quiz Mania 1.00 – 2.00

**Tuesday 16th**

Singing Group 10.00 – 1.00

**Wednesday 17th**

Chat ‘n’ Craft 10.00 – 1.00

Yoga 11.00 – 11.30

**Thursday 18th**

Social Group 10.00 – 2.30

Botanical Gardens with the Southern

BWA Social Group

Pickups on the way start at 9.00am

**Friday 19th**

Chat ‘n’ Craft 10.00 – 1.00

Modified Pilates 11.00 - 11.30

**Attendance for morning session -$3.00**

Bingo 1.00 – 2.00 **Attendance $3.00**

WEEK 2

**Monday 22nd**

Cappuccino, Cake & Chat 10.30 – 12.00

**$2.00 + $3.00 Attendance**

Social Group TTG Troubadours 1.30 – 2.30 **Attendance $3.00**

**Tuesday 23rd**

Local Lunch 10.30 – 2.00

Settlers Hotel 11.30 – 1.30

**Wednesday 24th**

Chat ‘n’ Craft 10.00 – 1.00

Yoga 11.00 – 11.30

**Thursday 25th**

Social Group10.00 – 2.30

Spring BBQ **$10.00 + Attendance $3.00**

**Friday 26th**

Chat ‘n’ Craft 10.00 – 1.00

Crosswords with Ray

Walking Group 10.30 – 12.00

WEEK 3

**Monday 29th**

Cappuccino, Cake & Chat 10.30 – 12.00

**$2.00 + $3.00 Attendance**

Social Group 12.00 – 3.00 - **Attendance $3.00**

Ingle Farm Shopping 1.00 – 2.30

**Tuesday 30th**

Singing Group 10.00 – 1.00

**Wednesday 31st**

Chat ‘n’ Craft 10.00 – 1.00

Yoga 11.00 – 11.30

**November**

**Thursday 1st**

Social Group9.00 – 2.30

Pickups on the way start at 9.00am

10 Pin Bowling - $7.00

Lunch at the Bowling Centre

**Friday 2nd**

Chat ‘n’ Craft 10.00 – 1.00

Crosswords with Ray

Modified Pilates 11.00 - 11.30

Bingo 1.00 – 2.00

WEEK 4

**Monday 5th**

Cappuccino, Cake & Chat 10.30 – 12.00

Social Group 12.00 – 3.00 - **Attendance $3.00**

Picnic in the Park

**Tuesday 6th**

Melbourne Cup Luncheon

11.30 – 4.00

**Lunch $12.00 + Attendance $3.00**

Games, Sweeps, Crazy Hat Competition

**Wednesday 7th**

Chat ‘n’ Craft 10.00 – 1.00

Yoga 11.00 – 11.30

**Thursday 8th**

Social Group10.00 – 3.30

Hahndorf Day Trip

Pickups on the way start at 9.00am

**Friday 9th**

Chat ‘n’ Craft 10.00 – 1.00

Crosswords with Ray

Walking Group 10.30 – 12.00

**Each Social Centre Attendance incurs a $3.00 Fee**

**Morning and Afternoon**

This fee contributes to keeping the Centre running.

(Cleaning, Utility Costs, Transport, Catering Supplies & More)

**Lunches available at Social Centre activities**

**From $4.00**